Clinical Case - Discussion With Answer

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Surat

 A 72 years old woman came to hospital with her son. Her son was complaining about her confuse mental status and worsening of her short term memory since few months. She had admitted in hospital for routine check up and examination. After all the investigation, including MRI, and examination, physician diagnosed that it may be degenerative disease like Alzheimer disease (AD)

Question

- 1. Gives name of proteins involved in pathogenesis of AD.
- 2. What are differences in structure of amyloidbeta fragment in APP and free amyloid-beta fragment?
- 3. What are common anatomical findings in MRI of brain of AD patient?
- 4. Explain role of secretase enzymes in pathogenesis of AD?
- 5. How does ca2+ and protein phosphorylation play role in pathogesis of AD.

- 1.Early in the morning, 40 years old male patient came in emergency with complain of chest pain, perspiration and altered consciousness for 4 hours.
- 2. Patient also had diabetes mellitus for 10 years. He was taking medicine for diabetes mellitus irregularly. In history, it was found that he was chronic alcoholic and a day before chest pain, he also had heavy alcohol ingestion, with no food intake

- 1.Doctor asked for few blood investigations. From ECG finding and abnormal cardiac function test, diagnosis of myocardial infarction was confirmed.
- 2. Following treatment was given
 - loading dose of anti-platelet drug (Aspirin)
 - loading dose of hypocholesterolemic drug (Statin group).
 - Fibrinolytic drug (streptokinase)
 - 50% dextrose saline with Thiamine (Vitamin B1)

 After complete of management and recovery after 7 days of admission in hospital, at time of discharge from hospital, physician advised to take medicines regularly and to take more amount of fruit and fiber food.

Investigation

- Random Blood Sugar = 30 mg%
- HbA1C = 9 %
- S. Cholesterol = 350 mg%
- S. Triglyceride = 250 mg%
- S. HDL Cholesterol = 25 mg%

Question Case 4

- 1. What are chronic complication of DM?
- 2. Why uncontroled diabetic mellitus increase chances of atherosclerosis?
- 3. What is cardiac function test?
- 4. Which test will you prefer to do for diagnosis of myocardial infarction, if patient come after 4 day of onset of chest pain?
- 5. How statin reduce cholesterol level?

Question Case 4

- 6. What is biochemical explanation of hypoglycemia?
- 7. Why physician asked to give injectable 50% Dextrose saline with Thiamine (Vitamin B1)?
- 8. What is role of fruits and fiber in chronic diabetes mellitus and atherosclerosis?
- 9. Why blood sample for blood sugar estimation is collected in fluoride containing vial?
- 10. What is re-perfusion injury? And what is role of allopurinol to prevent it?
- 11. How will you calculate patient's LDL cholecterol?
- 12. What is role of fibrinolytic drugs (streptokinase) in myocardial infarction?

What are chronic complication of DM?

What are chronic complication of DM?

Complications of Diabetes

Macrovascular

Brain

Cerebrovascular disease

- Transient ischemic attack
- Cerebrovascular accident
- Cognitive impairment

Heart

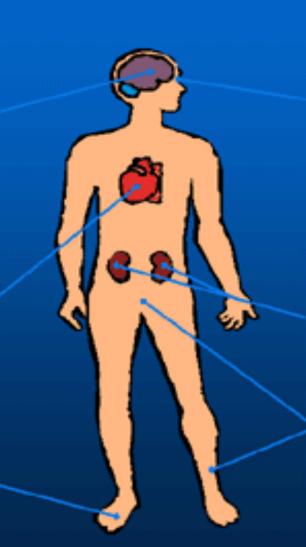
Coronary artery disease

- Coronary syndrome
- Myocardial infarction
- Congestive heart failure

Extremities

Peripheral vascular disease

- Ulceration
- Gangrene
- Amputation



Microvascular

Eye

Retinopathy Cataracts Glaucoma

Kidney

Nephropathy

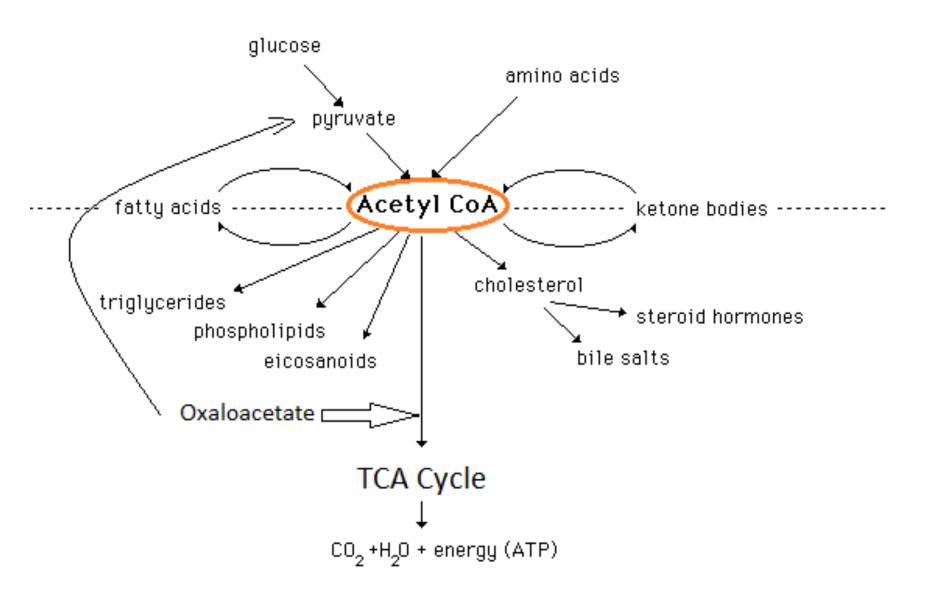
- Microalbuminuria
- Gross a buminuria
- Kidney failure

Nerves

Neuropathy

- Peripheral
- Autonomic

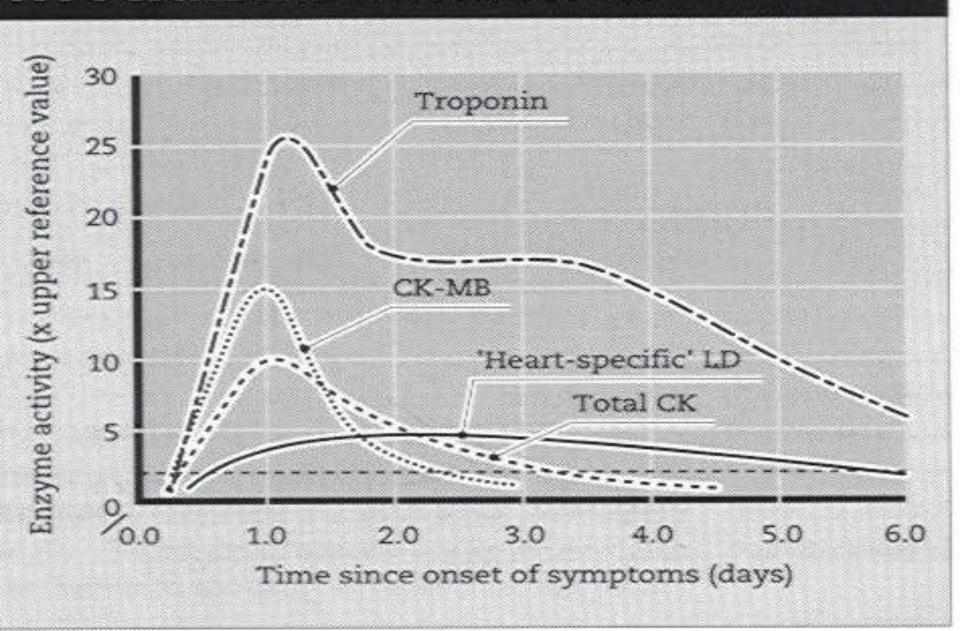
Why uncontroled diabetic mellitus increase chances of atherosclerosis?



6. What is cardiac function test?

6. Which test will you prefer to do for diagnosis of myocardial infarction, if patient come after 5 day of onset of chest pain?

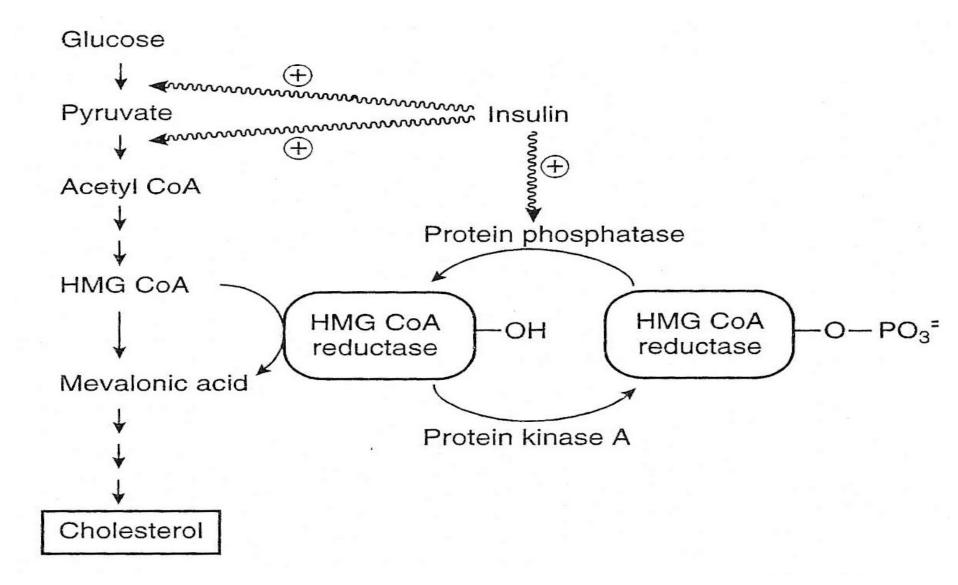
ENZYME ACTIVITY AFTER MYOCARDIAL INFARCTION



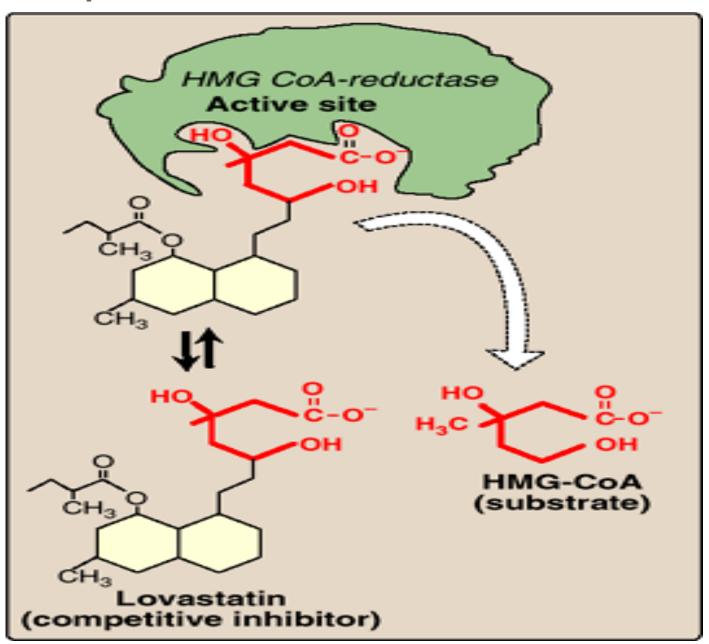
Type of LDH	Composition	Fraction of LDH in %	Location
LDH 1	НННН	20-30 %	Myocardium
LDH 2	HHHM	30-40%	RBC
LDH 3	HHMM	20-25%	Lung
LDH 4	HMMM	10-15%	Kidney & Pancrease
LDH 5	MMMM	5-15%	Skeletal muscle & Liver

How statin reduce cholesterol level?

Cholesterol Regulation

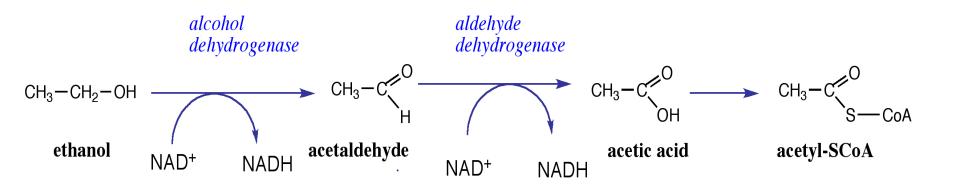


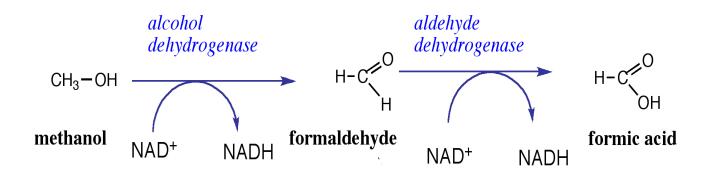
Competitive Inhibition

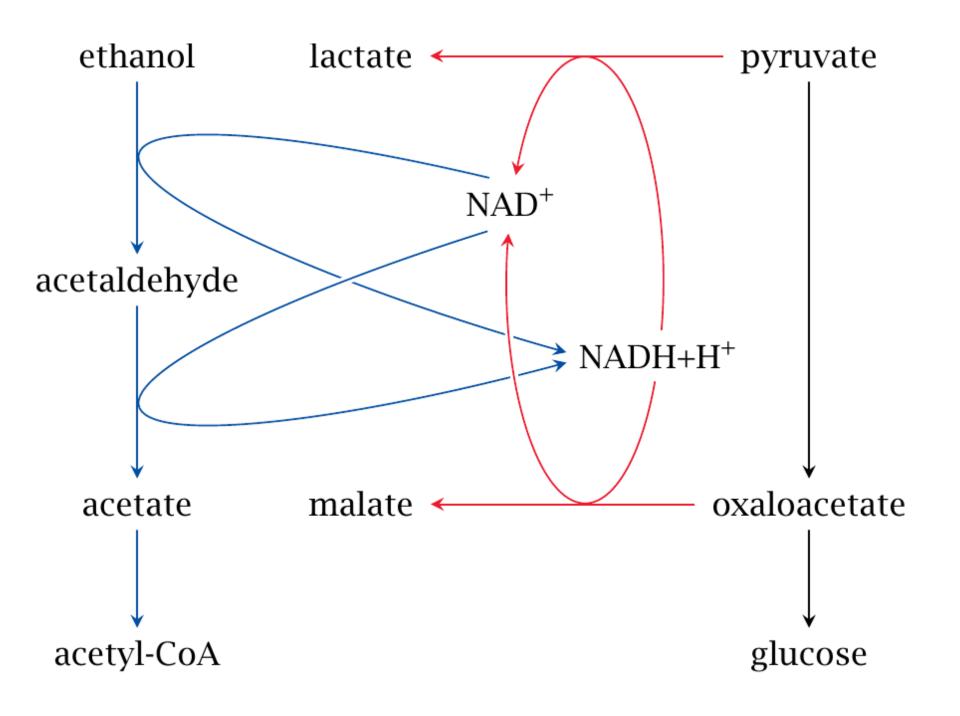


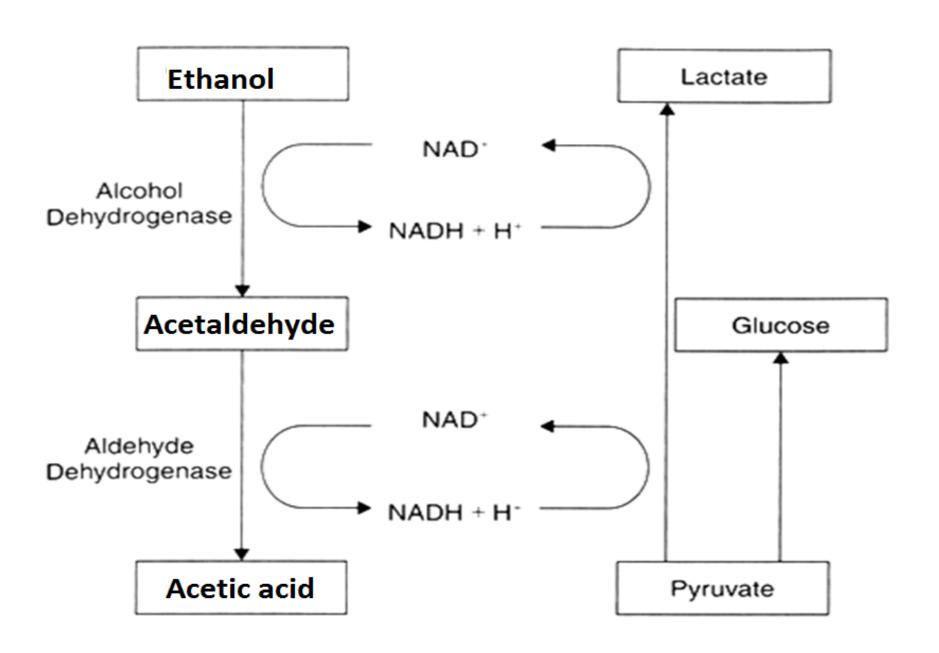
What is biochemical explanation of hypoglycemia?

Alcohol Metabolism

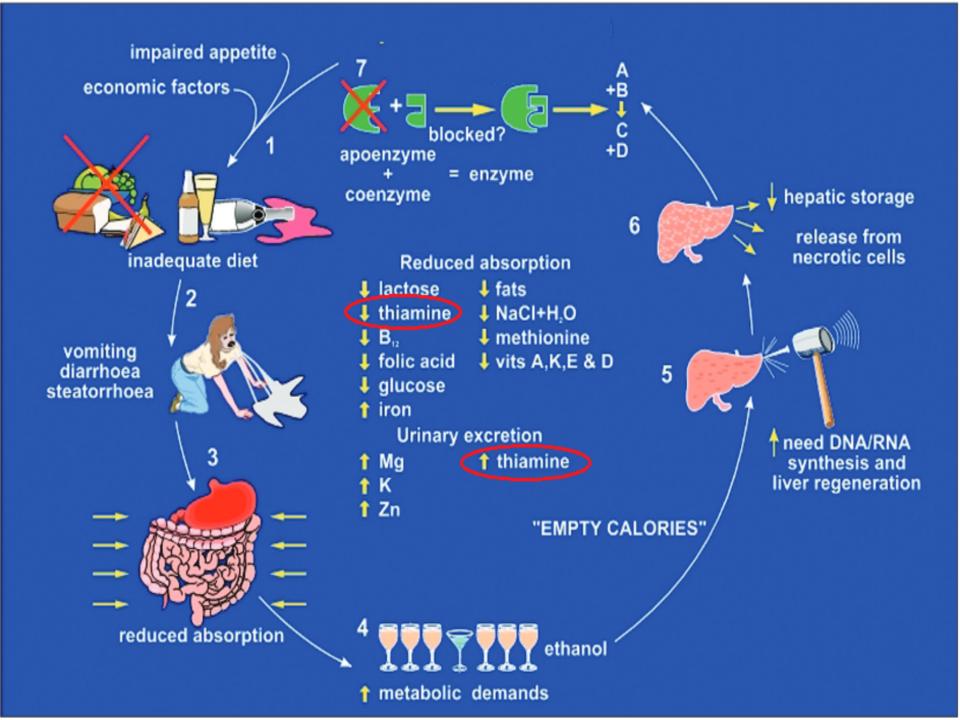






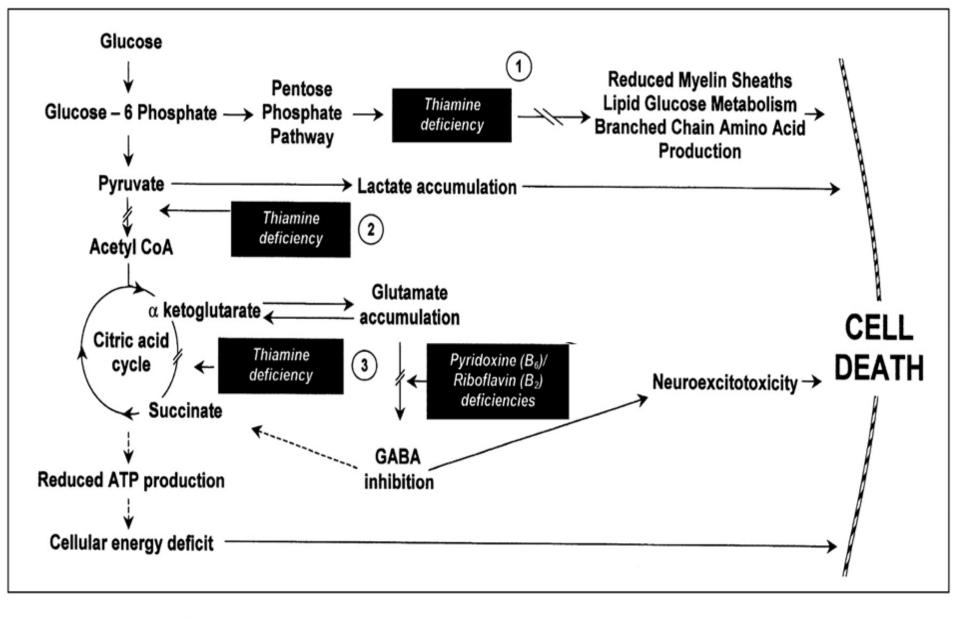


 Why physician asked to give injectable 50% Dextrose saline with Thiamine (Vitamin B1)?



Thiamine Deficiency Due to Alcoholism

- Reduce GI Absorption
- Inadequate Diet
- Hepatic Damage
- Decrease Hepatic Storage
- Increase Diuresis
- Increase Metabolic demand



Thiamine dependent enzymes:-

1 Transketolase

2 Pyruvate dehydrogenase complex

3 α-Ketoglutarate dehydrogenase complex

What is role of fruits and fiber in chronic diabetes mellitus and atherosclerosis?

Improvements in gastrointestinal health (Diverticular disease,Haemarrhoids, Irritable bowel syndrome)

Helps prevent constipation Reduction in the risk of developing some cancers

DIETARY FIBER AND HEALTH

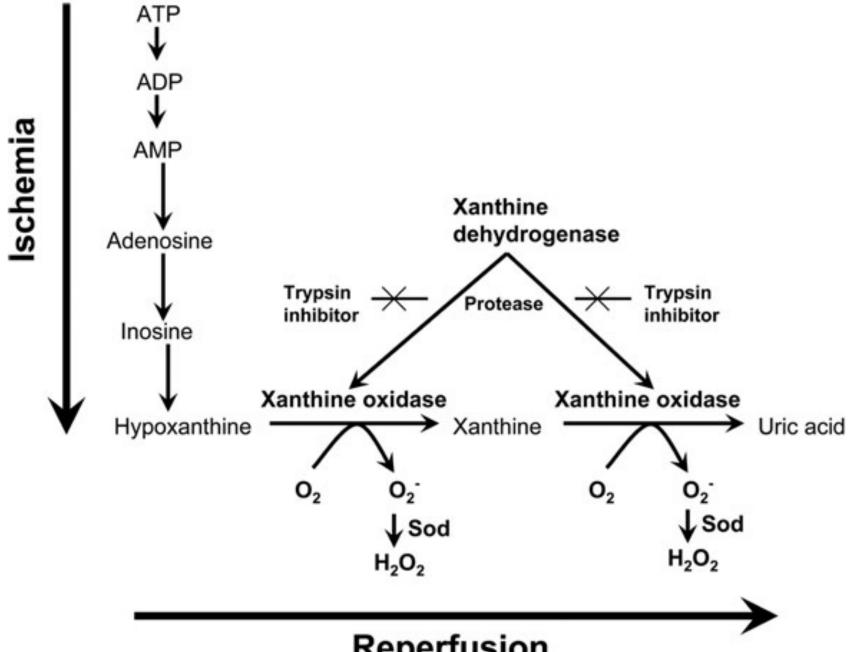
Improvements in glucose tolerance and insulin response (Diabetes)

Reduction of hyperlipidaemia, hypertension and other coronary heart disease risk factors

Increased satiety and hence some degree of weight management Why blood sample for blood sugar estimation is collected in fluoride containing vial?

- Inhibit Enolase
- Glycolysis
- Inhibit utilization of Glucose by cells
- Get actuall blood sugar even after few hours.

What is re-perfusion injury? And what is role of allopurinol to prevent it?



Reperfusion

How will you calculate patient's LDL cholecterol?

Friedewald formula

Total Cholesterol =

(VLDL chole) + (HDL chole) + (LDL chole)

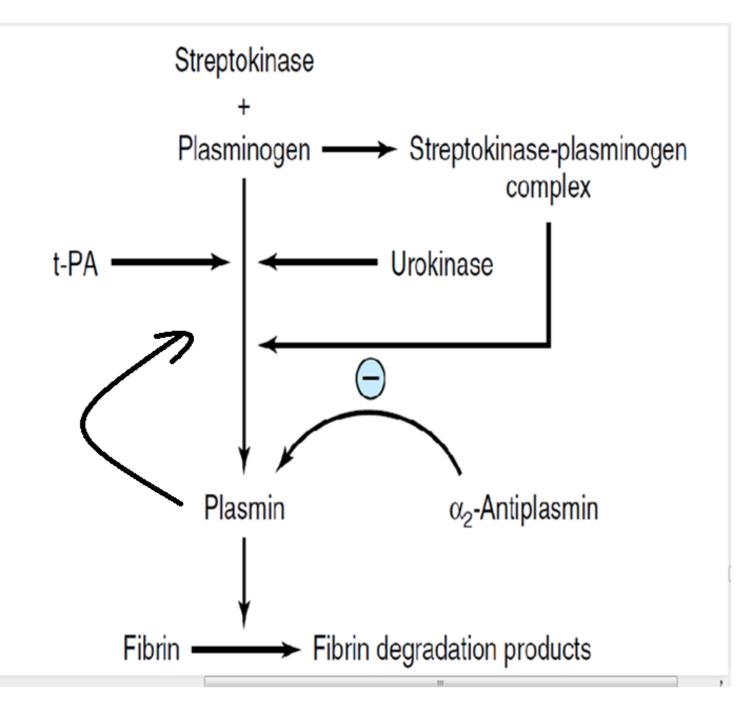
VLDL-cholesterol =

S. Triglyceride / 5

LDL-cholesterol =

Total cholesterol – (TG/5) – HDL

 What is role of fibrinolytic drugs (streptokinase) in myocardial infarction?



6.94 v 9.15 in

 Give biochemical explaination of antiplatelet drug- Aspirin.

$$\begin{array}{c} \text{Ser} & \text{OH} + \\ & \text{COO} \\ \text{COX} & \text{Aspirin} \\ \text{(acetylsalicylate)} & \text{inactivated} \\ \text{COX} & \text{COX} \\ \end{array}$$

Phospholipids

(Phospholipase A-2)

Arachidonic Acid

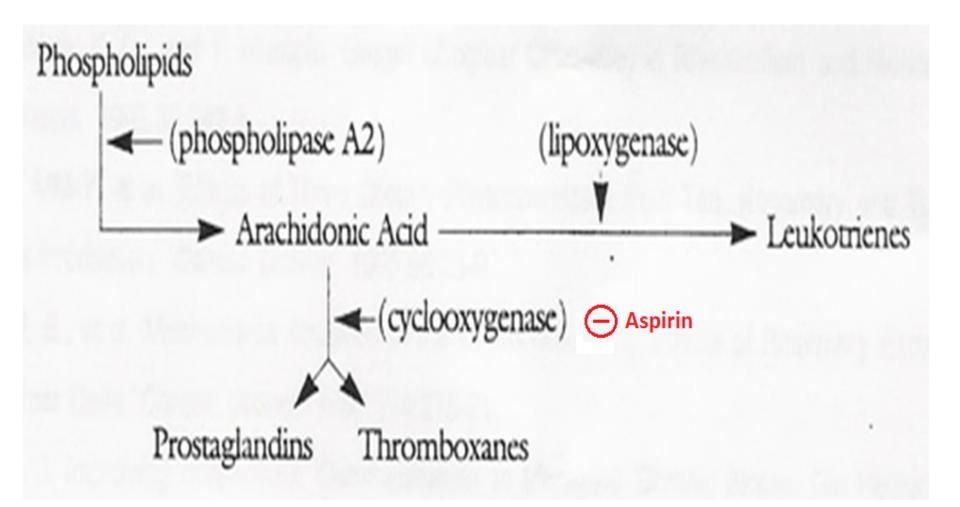
Cyclooxygenase

L

Leukotrienes

Lipoxygenase

Prostaglandin's Thromboxanes



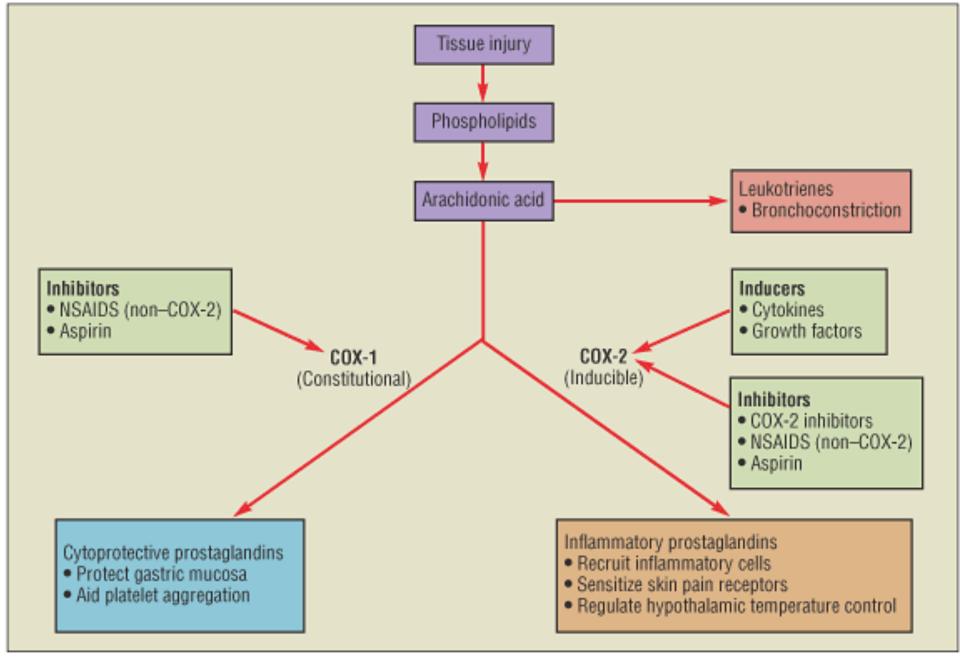


FIGURE 1. Algorithm of the biochemical pathway shows that the formation of prostaglandins occurs via both cyclooxygenase enzymes (COX-1 and COX-2).

What is significant of high HbA1c?

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HbA = Adult hemogolbin
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HbA0 = Non-Glycated hemoglobin.

HbA1 = Glycated hemoglobin

HbA1a1 = Glycation with Fructose 1-6 diphosphate

HbA1a2 = Glycation with Glucose 6 phosphate

HbA1b = Glycation with unknown

HbA1c = Glycation with D glucose

Case 5

56 year male patient came in emergency with alter-conciuosness & haemetemesis . He was suffering from chronic cirrhotic liver disease due to chronic alcoholism. On examination, it was found that he has edema on both lower limb, fluid collection in peritoneal cavity (Ascites), yellowish discolouration of skin & sclera (icterus), with hypotension (decrease Blood Pressure). On blood investigation following was found.

Case 5 - Investigation

- Blood Glucose: 50 mg%
- Serum Protein: 5.5 gm %
- Serm Albumin: 2.0 gm%
- Serum Ammonia: Very High
- Serum Total Billirubin : 20 mg%
- APTT Test: 60 second
- APTT Control: 30 second
- APTT INR : 2
- Haemogloin: 6 gm%

- Ultra Sono-Graphy detected
 - Cirrhosis of Liver
 - Fatty Liver

Case 5 - Investigation

- Physician advise to give Following treatment
- Injection 10% Dextrose
- Injection Thiamine (B1)
- Injection Vitamin K
- Injection 10% Albumin
- Oral Neomycin (Anti-microbial, Antibiotic)
- Liq Lactulose (Laxative)
- Oral Phenylbutarate

- 1. Biochemical explaination about following symptoms in chronic alcoholic
 - Alter conciousness
 - Haemetemesis
- 2. Biochemical explaination about following signs in chronic alcoholic
 - Edeme
 - Ascites
 - Hypotension
- 3. What is hepato-renal syndrome?
- 4. Biochemical reason for giving following in patient of chronic alcoholic
 - Dextrose plus thiamine
 - Vitamin K
 - 10% Albumin
 - Oral Neomycin (Anti-microbial, Antibiotic)
 - Liq Lactulose (Laxative)
 - Oral Phenylbutarate

Case 5 - Question

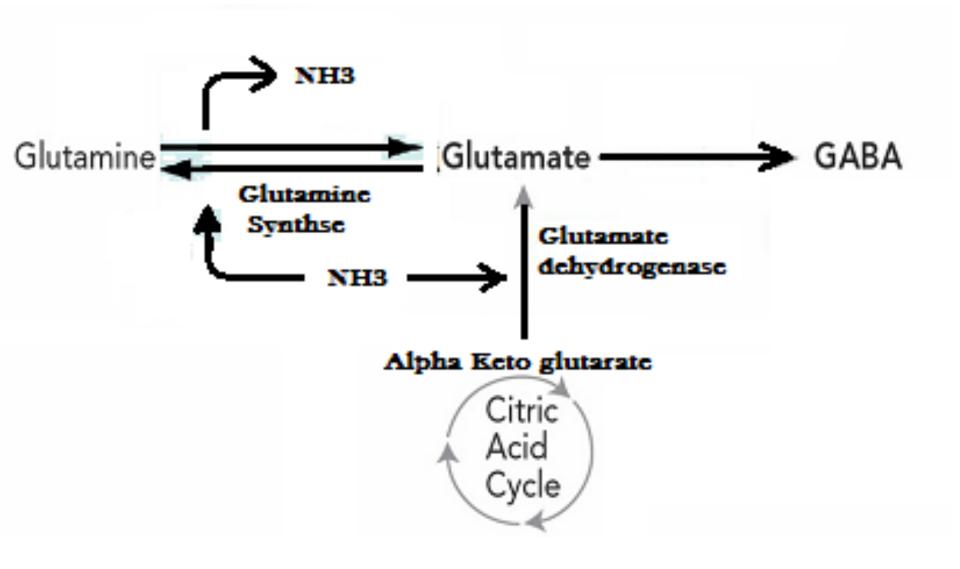
- 1. Biochemical explaination about following symptoms in chronic alcoholic
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 - -Ascites
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- 3. What is hepato-renal syndrome?

Case 5 - Question

- 1. Biochemical reason for giving following in patient of chronic alcoholic
 - Dextrose plus thiamine
 - Vitamin K
 - 10% Albumin
 - -Oral Neomycin (Anti-microbial, Antibiotic)
 - –Liq Lactulose (Laxative)
 - Oral Phenylbutarate

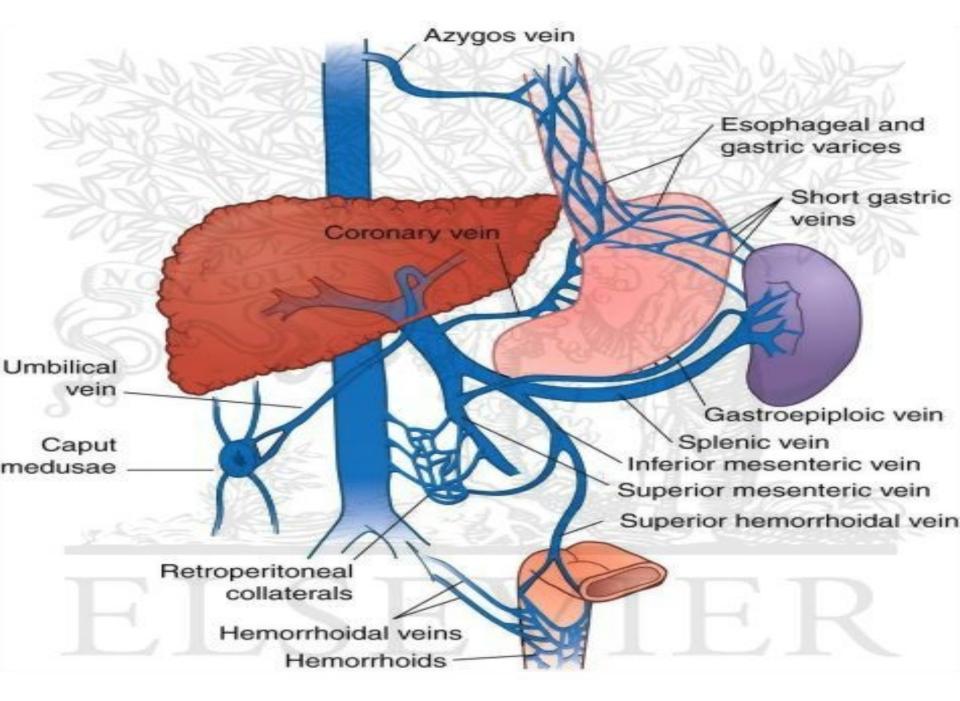
Biochemical explaination Alter consciousness in chronic alcoholic

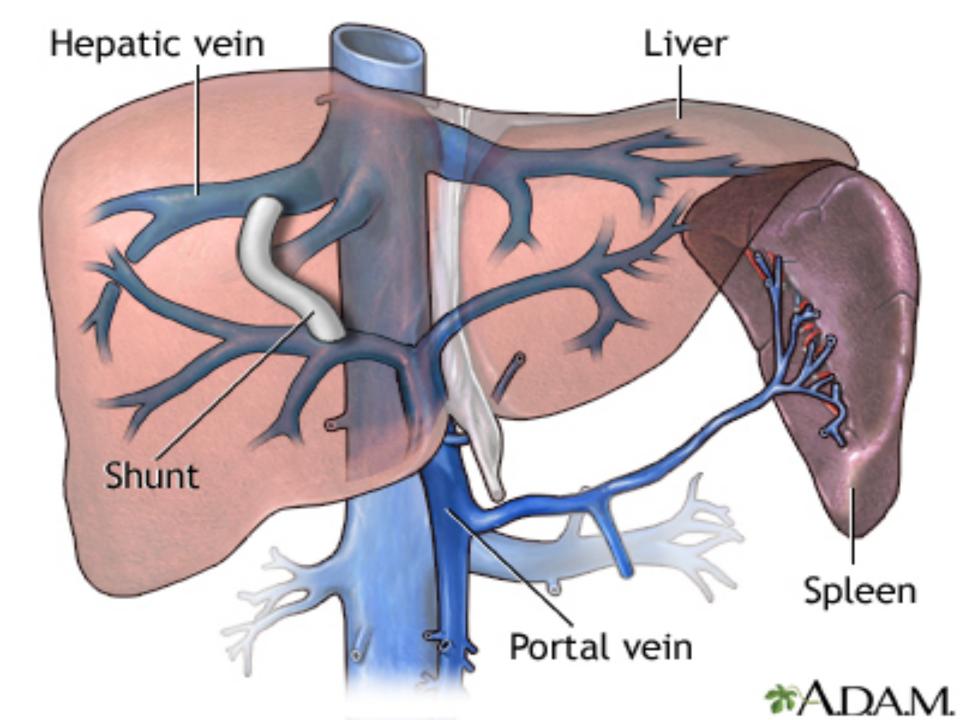
- Hypoglycemia
- Ureamic encephlopathy
- Hepatic encephlopathy



Biochemical explaination of Haemetemesis in chronic alcoholic

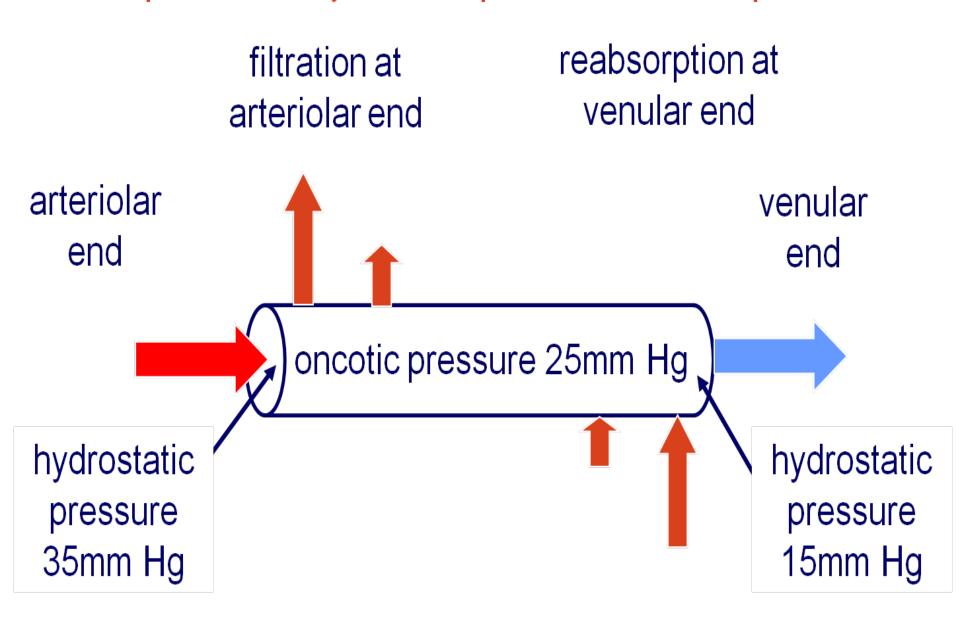
- Liver damage
- Less Plasma protein
- Less Albumin
- Less Fibrinogen store
- Less synthesis & store of cloting factor
- Less store of Vitamin K
- Portal Hypertension





Biochemical explaination of Edema **Ascites Hypotension** Chronic alcoholic

filtration pressure = hydrostatic pressure - oncotic pressure



Hepato- Renal Syndrome

Hepato- Renal Syndrome

- Decrease Albumin & Total protein
- Colloidal pressure decrese
- Edema
- Intravascular volume decrease
- Glomerulus filtration & Renal perfusion
- Urine output decrease
- Blood volume increase
- Hydrostatic increase
- Increase edema

Biochemical reason for giving following in patient of chronic alcoholic

- Dextrose plus thiamine
- -Vitamin K
- -10% Albumin

- Biochemical reason for giving following in patient of chronic alcoholic
 - Oral Neomycin (Anti-microbial, Antibiotic)

Neomycin KILL Intestinal Flora (Lactobacilli)

Intestinal flora produce Enzymes

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ØUrease
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§(Urea - - - - Ammonia)

ØProtease & Peptidese

§(RBC – Haemoglobin – Globin –

Protein – Amino acid – Ammonia)

- Biochemical reason for giving following in patient of chronic alcoholic
 - Liq Lactulose (Laxative)
 - Oral Phenylbutarate

Lactulose Solution USP

10 g/15 mL

Each 15 mL contains: 10 g lactulose (and less than 1.6 g galactose, less than 1.2 g lactose, and 1.2 g or less of other sugars). Also contains FD&C Yellow No. 6, purified water, and flavoring. Sodium hydroxide used to adjust pH. The pH range is 2.5 to 6.5.

Dispense in original container or tight, light-resistant container with a child-resistant closure.

To the Pharmacist: When ordering this product, include the product number (or NDC) in the description.

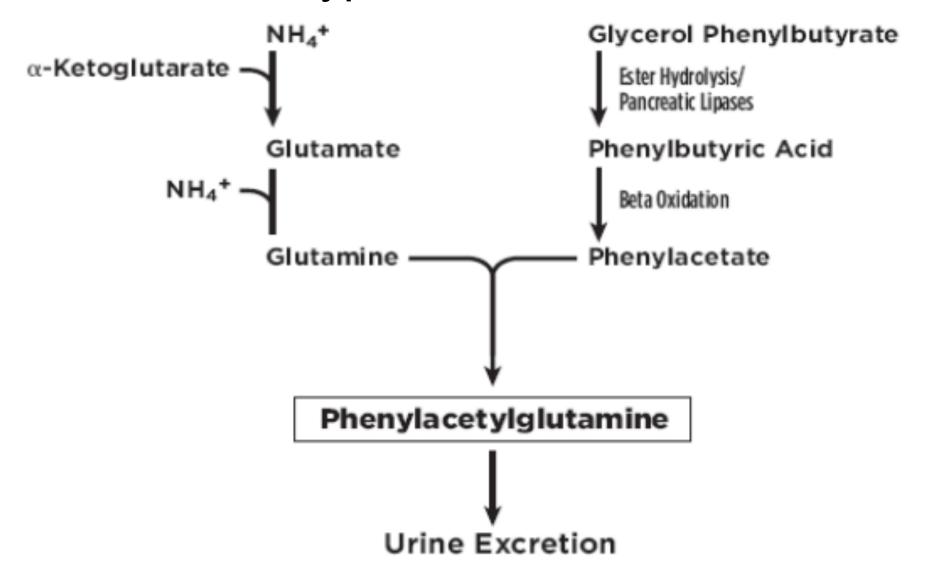
Rx ONLY

16 fl oz (473 mL)



- Lactulose = Synthetic disaccharide
- Each 15 ml of 10 gm Lactulose Solution
 - -1.6 gm Galactose
 - -1.2 gm Lactose
 - -0.1 gm Fructose

Biochemical reason of Phenylbutarate in Hyperammonemia



Case 6

- A 54 year old obese person come in emergency with altered consciousness level and increase respiratory rate (tachypnia) for last 4 hours.
- He is having history of uncontrolled diabetes mellitus since 15 years, as he was not following any medical advice from physician. He was on insulin therapy for 3 years, but he was not taking regular dose of insulin. Patient's relative is telling that he is also having complain of weakness and decrease urine output for last 2 days.

On General examination, physician noted

- Dryness of mouth
- Pale & dry conjunctive
- Shrunken eye ball.
- Low volume pulse
- Tachypnea (increase respiratory rate)
- Tachycardia (increase heart rate)
- Very low blood pressure (70/40 mm Hg).
- Doctor makes admission in ICU and asked immediately for blood investigation.

Laboratory Investigation

<u> </u>		
Parameter	Value	Reference range
RBS	500 mg/dl	140 mg/dl
Serum Acetone	10 mg/dl	<1 mg/dl
Serum Creatinine	2.5 mg/dl	0.4 - 1.4 mg/dl
Blood Urea	150 mg/dl	15 - 45 mg/dl
Serum Na+	120 mmol/l	135 - 145 mmol/l
Serum K+	6.0 mmol/l	3.5 - 5.0 mmol/l
рН	7.1	7.35 - 7.45
pO2	95 mmHg	90 - 100 mmHg
pCO2	24 mmHg	32 - 40 mmHg
HCO3- (Bicarbonate)	12 mmol/l	24 - 32 mmol/l

Diagnosed = "Diabetic ketoacidosis with acute renal failure"

Advised to following treatment.

- Inj normal saline fast I.V. (4-5 litre in 1st 24 hrs)
 Until systolic blood pressure reaches to normal
- Inj Human Insulin injection slow infusion I.V.
 As per blood sugar level
- Inj Bicarbonate 200 ml I.V.
- K+ Binding resin Sachets Orally.
- Urinary catheterization done.
- But urine output is nil

- To follow below protocol for treatment of this patient.
- If RBS > 200 mg/dl ---> Give Normal Saline
 + Human Insulin
- If RBS < 200 mg/dl ---> Give Dextrose Saline
 + Human Insulin

Doctor asked to

repeat following investigation

- during management
- RBS every 2 hourly.
- Serum K+ level after 4 hours.
- Arterial Blood Gas analysis after 6 hours (if require)

- 24 hours after admission and intensive care
 He get consciousness, normal respiration,
 normal blood pressure & 1200 ml of urine output.
- RBS = 150 mg% with Human insulin infusion
- Serum acetone = 2 mg/dl
- Electrolyte and ABG = Normal.
- He shifted to ward & remained admitted for 5 days in hospital.
- On discharge, physician advises to take prescribe insulin dose regularly as well as regular follow up with FBS & PP2BS.

Question Case 6

- Give explanation for altered consciousness and increase respiratory rate in this case.
- 2. What metabolic and functional abnormality can occur due to increase acetone level?
- 3. Why after 24 hours serum acetone came down nearer to normal level?
- 4. What is patho-physiology behind decrease urine output in this patient?
- 5. Give comment on patient ABG report.
- 6. Give biochemical reason for increase K+ level in this case.
- 7. What is biochemical reason for giving dextrose saline plus human insulin infusion if RBS is below 200 mg%?
- 8. How bicarbonate, insulin and K+ binding resin reduce serum potassium level?

Answer Case 6

Give explanation for altered consciousness and increase respiratory rate in this case.

Reason of Unconsciousness in DKA

- >Dehydration
- >Shock
- >Hyponatriemia

Reason of Tachypnea in DKA

- Metabolic acidosis
- Due to compensatory response after carotid receptor stimulation

What metabolic and functional abnormality can occur due to increase acetone level?

Decrease Blood pressure

Alteration in cardiac rhythme

Decrease cardiac contractility

Hypotension

Alteration in Oxygen binding capacity

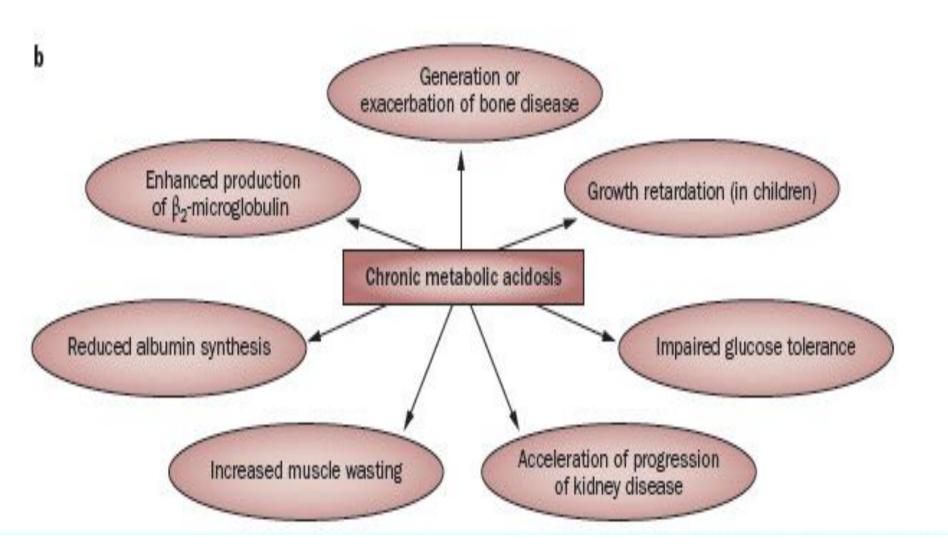
Impair consciouness level

Suppressed lymphocyte function

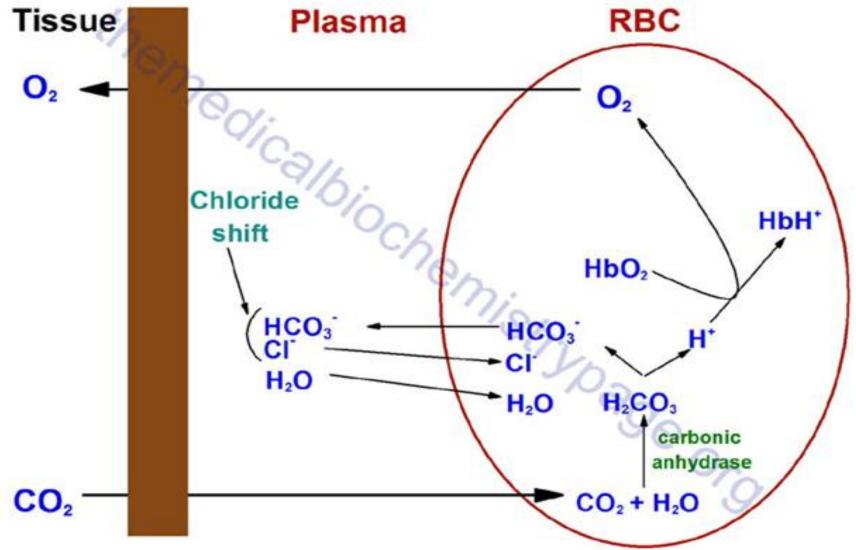
Impaired cellular energy production

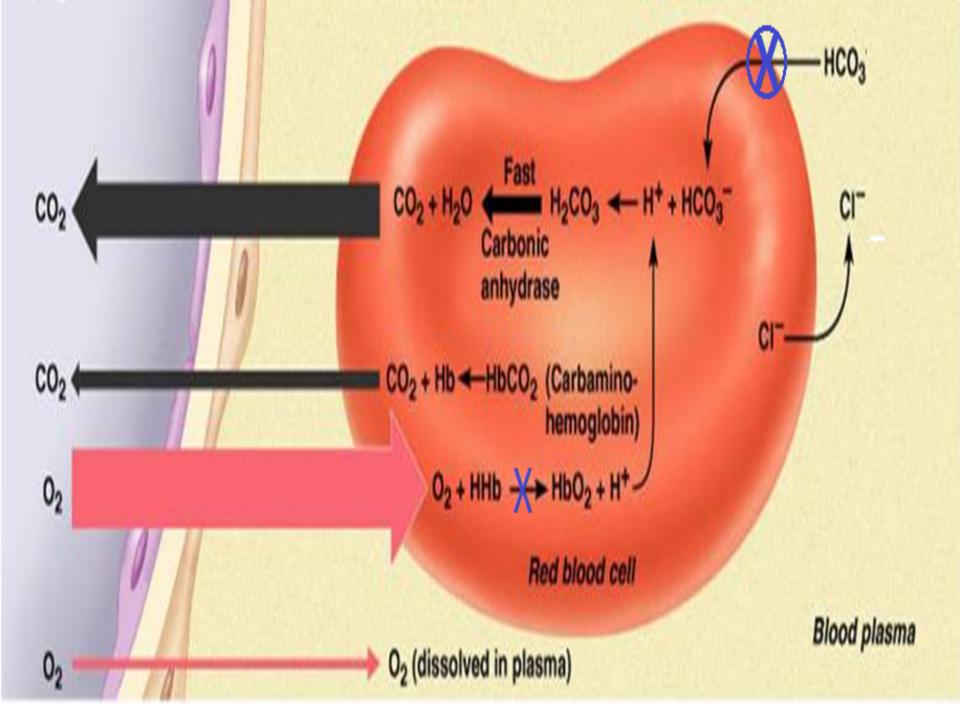
Increase insulin resistance

Arterial vasodilation



Effect of Acidosis on O2- CO2 diffusion Transport of CO2 and the Bohr Effect





Why after 24 hours serum acetone came down nearer to normal level?

Is it because of >>>> ????

- 1. Normal saline?
- 2. Insulin?
- 3. Dextrose?

What is patho-physiology behind decrease urine output in this patient?

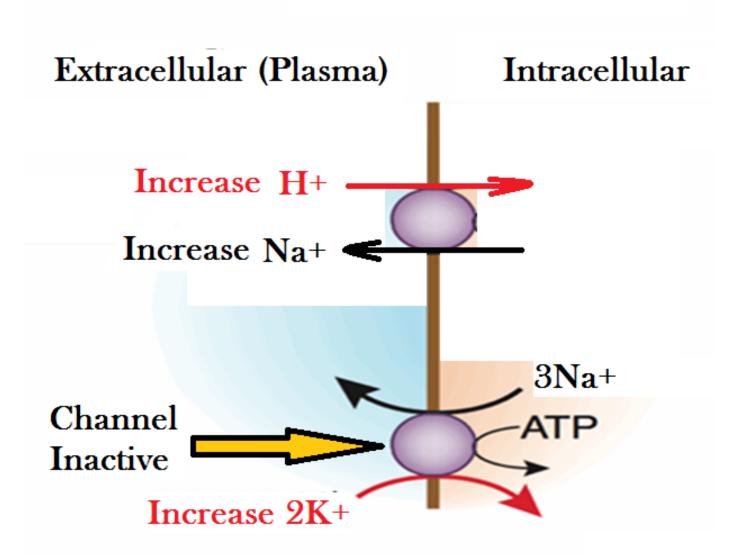
- 1. Dehydration
- 2. Hypotension
- 3. Decrease renal flow
- 4. Pre-Renal Acute renal failure

Give comment on patient ABG report.

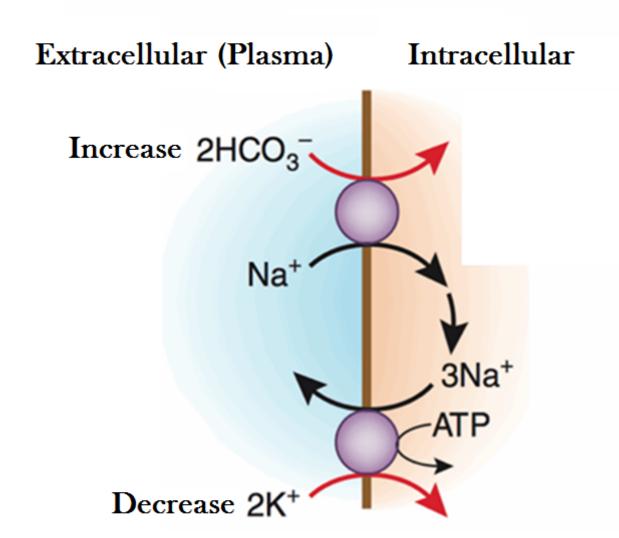
	Value	Ref. Value	Interpretation
рН	7.1	7.35 - 7.45	Low Acidosis
pO2	95	90 - 100 mmHg	Normal
pCO2	24	32 - 40 mmHg	Low Indicate Alkalosis. (Compensatory)
HCO3-	12	24 - 32 mmol/l	Low Indicate Acidosis

Uncompensated Metabolic Acidosis

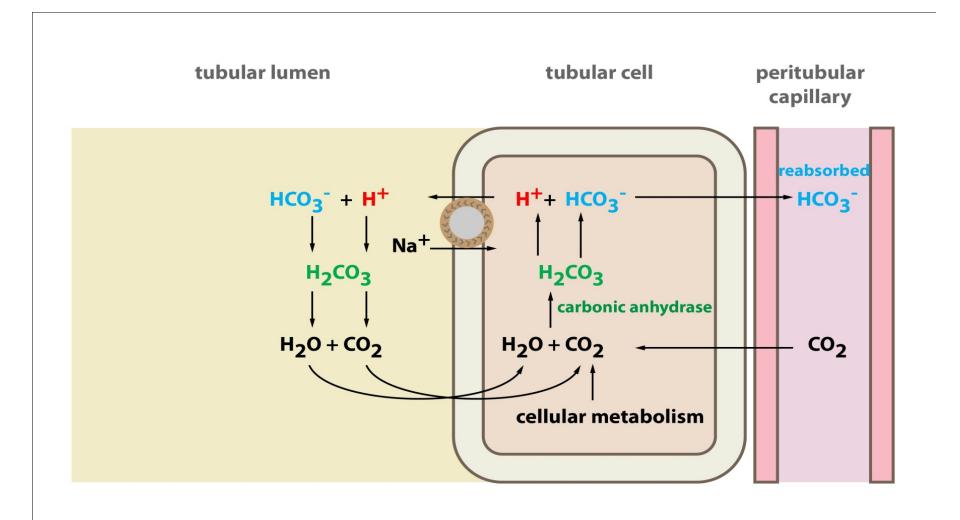
Acidosis (Increase H+) increase K+



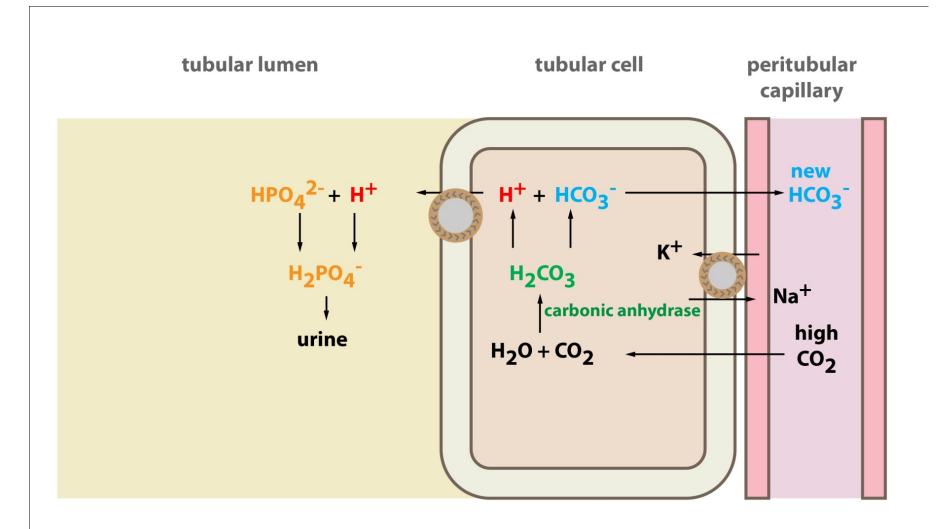
Bicarbonate correct plasma hyperkalemia



Renal Mechanism of HCO3- reabsorption



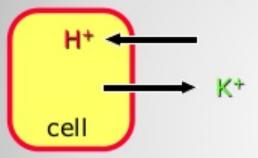
Renal Mechanism of H+ excretion



ELECTROLYTE SHIFTS

Acidosis

Compensatory Response

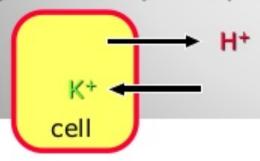


Result

- H+ buffered intracellularly
- Hyperkalemia

Alkalosis

Compensatory Response



Result

- Tendency to correct alkalosis
- Hypokalemia

What is biochemical reason for giving dextrose saline plus human insulin infusion if RBS is below 200 mg%?

What should be physician priority to correct earliest in DKA?

- Hyperglycemia?
- Acidosis due to acetone?
- Hyperkalemia due acidosis due to acetone?
- Hypotension due to dehydration due to acetone & glucose?

Which molecule come to normal level easily and faster with insulin?

- Glucose
- Potassium
- Acetone
- H+

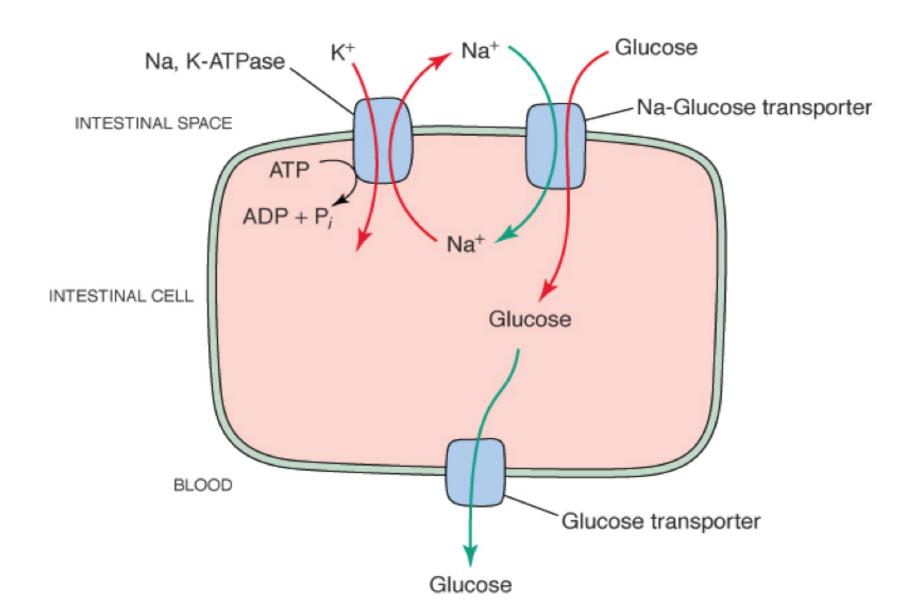
Would you like to give insulin for

- Shorter period?
- Longer period?

How bicarbonate, insulin and K+ binding resin reduce serum potassium level?

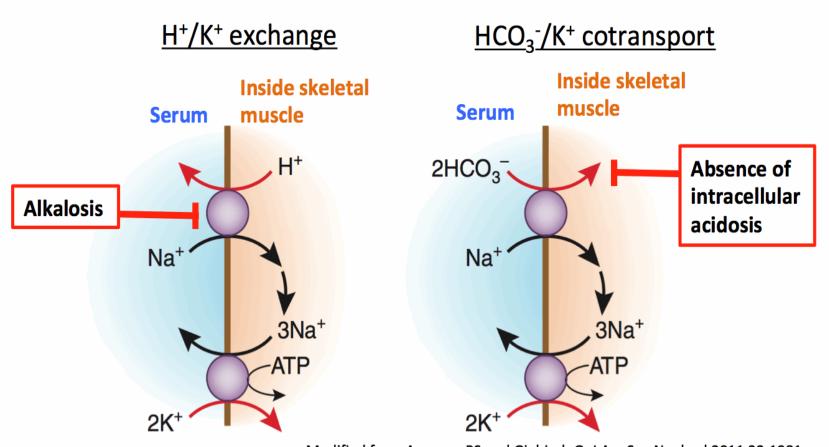
Sodium Polystyrene Sulfonate Cation Resin

Insulin stimulate S.GLUT receptor



Potassium correction with HCO3-

Bicarbonate-induced potassium shift is less effective in alkalosis



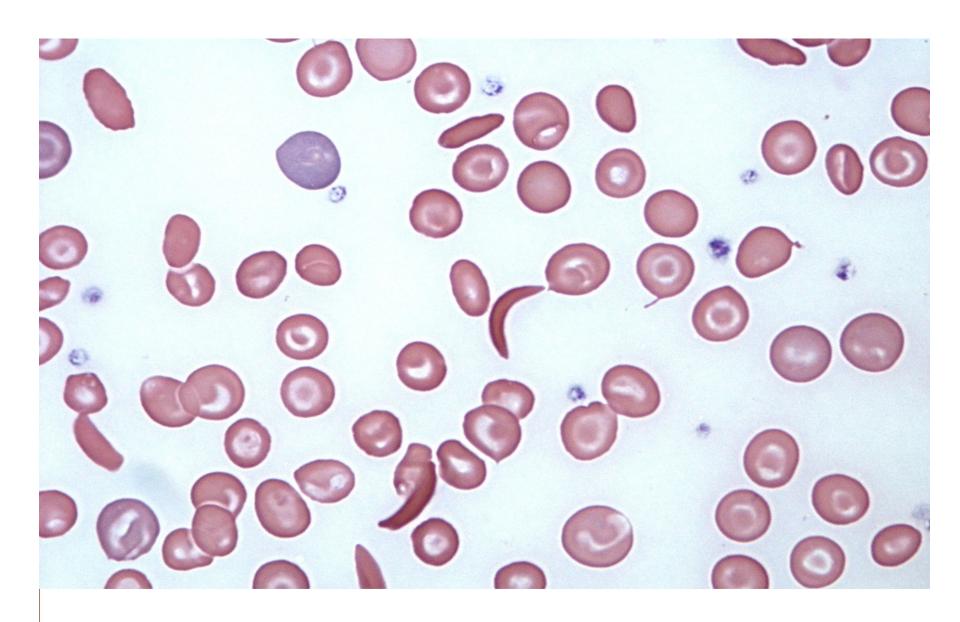
Modified from Aronson PS and Giebisch G, J Am Soc Nephrol 2011 22:1981

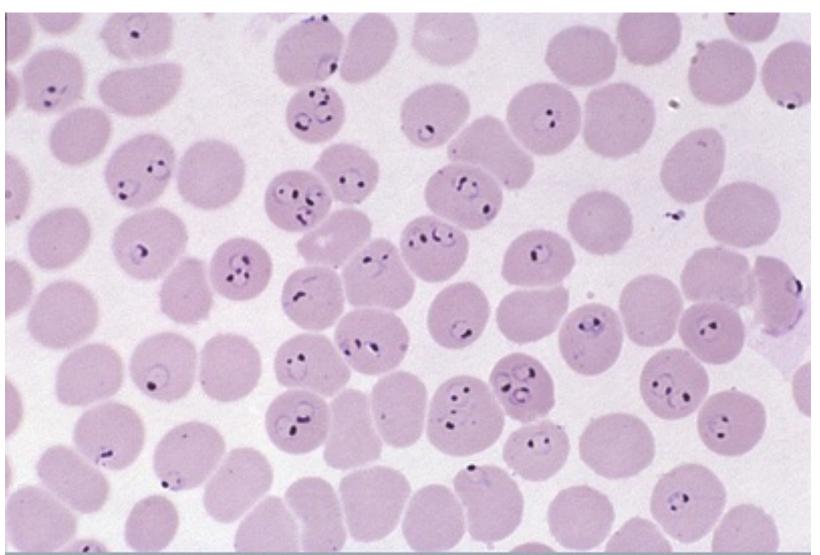
Case 7

- 14 years male child come in emergency with complain of
 - High grade fever with Rigor since 3 days
 - Acute hip joint pain since 2 days
 - Acute abdominal pain since 12 hours
 - On Examination
 - Splenomegaly
 - Pallor
 - Conjectival Icterus
- Pediatrician examined patient. He asked for ICU admission and for following investigation

Laboratory Investigation

Parameter	Value	Reference range	
Haemoglobin	6.5 gm%	12 – 16 gm%	
WBC	10000	4000-11000/cu.mm	
Peripheral Smear examination	Sickle shape RBC & Schizonts of Plasmodium Vivex Seen		
S.Total Billirubin	3.4 mg%	0.2 – 1.2 mg%	
S.Direct Billirubin	0.8 mg%	0.1 – 0.2 mg%	
S.Indirect Billirubin	2.6 mg%	0.2 – 1.0 mg%	
S. ALT	40 IU/L	0 – 45 IU/L	
S. Alkaline Phosphatase	950 IU/L	80 – 240 IU/L	
S.LDH	2000 IU/L	150 – 350 IU/L	





Investigation

- Doctor is advised for following investigation for confirm diagnosis of sickle cell disease.
 - haemoglobin electrophoresis
- Patient diagnosed as "Sickle Cell Disease"

Diagnosis Plasmodium Vivex with Sickle cell crisis

- Following Treatment is given
- Oxygen inhalation
- Inj ArtesunateIV 12 hourly for 3 days
- Inj ParacetamolIV slowly if fever
- Inj Normal SalineIV slowly 10ml/kg
- Inj Whole BloodIV transfusion one unit
- Tab Hydroxyurea 500 mg twice day orally

Question

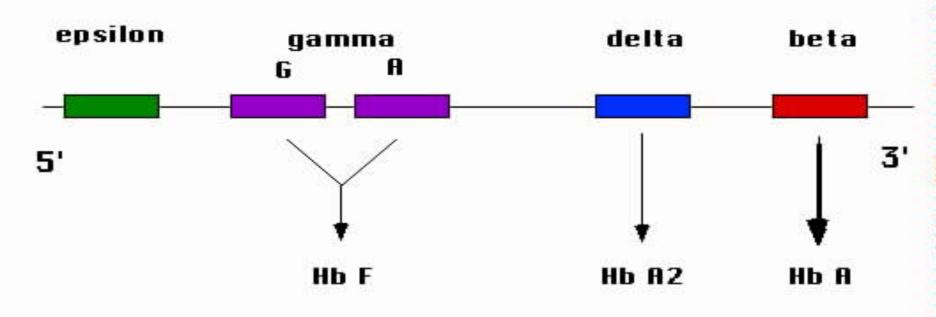
- What is pathogenesis of Sickle cell disease?
- What is difference between sickle cell disease & trait?
- What significant of increase LDH & alkaline phosphatase in this case?
- What significant of increase total billirubin & indirect billirubin this case?
- What can be reason for sickle cell crisis?
- What is difference in pathogenesis of plasmodium vivex & plasmodium falciparum in this case?

- What is role of electrophoresis & HPLC in diagnosis of disease?
- What is screen test of sickle cell disease?
- What is mechanism action of hydroxyurea?
- What is role of oxygenation?
- What can advantage of hydration to this patient?

What is pathogenesis of Sickle cell disease?

- Alpha chain genes = 2 Alletes = 16 no. chromosome
- Beta chain genes = 1 Alletes = 11 no. chromosome
- Haemoglobinopathy = Chain Varient

Beta Globin Gene Cluster Chromosome 11



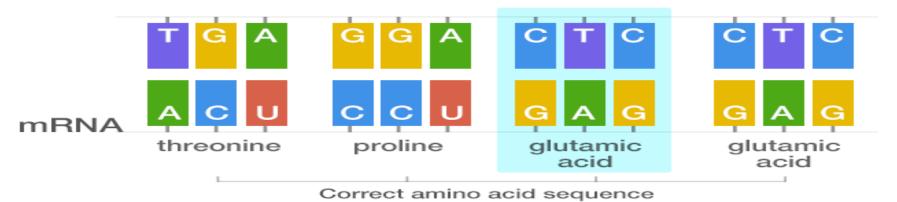
Alpha Globin Gene Cluster Chromosome 16

Zeta 2 Zeta 1 Alpha 2 Alpha 1

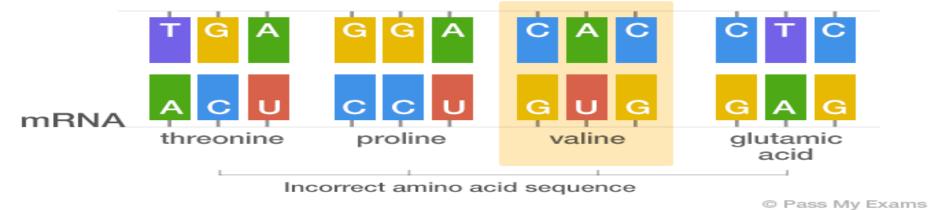
Sickle Cell Disease

- 6th Position Glutamic acid of Beta Chain is replace by Valine
- Glutamic acid = Hydrophilic & Negative Charge
- Valine = Hydrophobic & Neutral Charge
- HbS can bind and transport O2.
- The sickling occur under deoxygenated state.
- The sickled cells form small plugs in capillaries and occlude the major vessels,lead to infarction in organs.

Normal DNA sequence (HbA)



Mutated DNA sequence (HbS)



Point Mutation

- Transversion type of Point Mutation
- Replacement type of Point Mutation

Mutation Effect of Mutation Point Mutation Substitution Deletion Insertion **Mutation Mutation** Mutation **Gene Insertion Transition Gene Deletion** Duchenne Mutation Thalassemia Muscular Purine to Purine Dystrophy **Codon Insertion Codon Deletion** Huntington's **Transversion** Cystic fibrosis chorea **Mutation** Purine to **Base deletion Base deletion Pyrimidine** Frame Shift Frame Shift Mutation Mutation

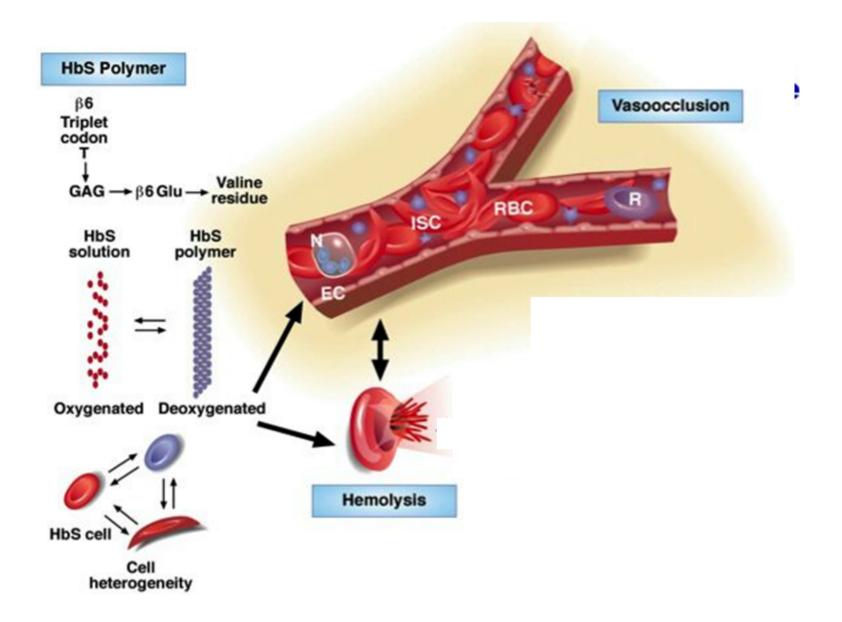
What is difference between sickle cell disease & trait?

- Sickle cell trait In heterozygous (AS)
 - 50% of Hb in the RBC is abnormal.
 - 50% of Hb in the RBC is normal.
- Does not produce clinical symptoms.
- Hypoxia causes manifestration.
 - At higher altitudes
 - Chronic lung disorder

Sickle Cell Disease - Pathogenesis

- Hypoxia induce formation of deoxy –HbS
- Make polymerization of Hb
- Sickle Shape of RBC
- Turbulence & Occlusion of blood flow
- Small Capillary & End Arteries Affected
- Ischemia & Later Infarction to Distal Tissue
- Splenic Infarct & Avascular Necrosis of Femur Head
- Abdomina Pain & Joint Pain

Sickle Cell Disease Pathogenesis



What significant of increase LDH & alkaline phosphatase in this case?

LDH

- No Specific
- Liver, RBC, Gall bladder, Bone
- Monitor haemolysis
- Daily LDH Measurement
 - Prognosis
 - Effectiveness of treatment

Alkaline Phosphatase

- Bone infaction
- > 1500 U/L

What can be reason for sickle cell crisis?

- Plasmodium Vivex
- P.vivex utilized Oxygen for it's multilication
- Hypoxia
- Sickling & Decrease life span of RBC
- Crisis & Severe hemolysis

?????Plasmodium Falciparum????

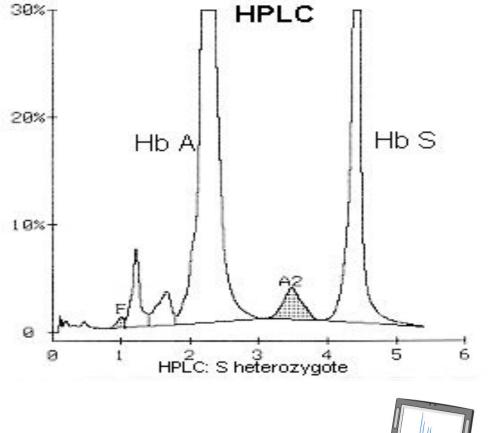
What is role of electrophoresis & HPLC in diagnosis of disease?

Electrophoresis:

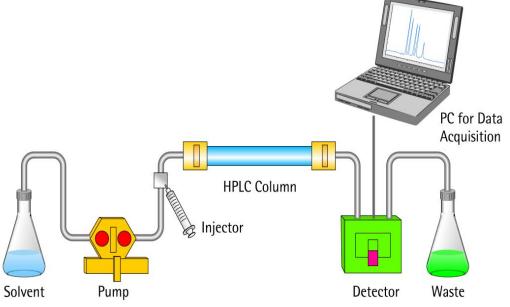
- Lack of Carboxyl group of Glutamic acid in HbS
- Lack of Negative charge Glutamic acid.
- HbS less negatively charged
- Decreases electrophoretic mobility
- HbS move slower than HbA

Electrophoresis

Origin HbA₂ HbF HbA Normal β-Thalassaemia trait β-Thalassaemia major HbS Sickle-cell trait Sickle-cell anaemia



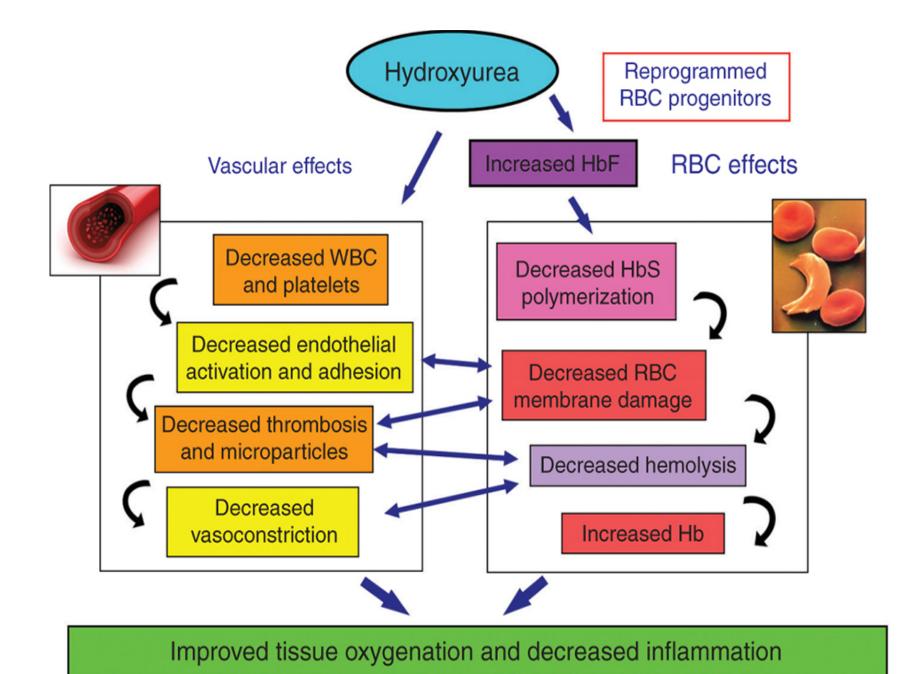
High Performance Liquid Chromatography (HPLC)



Dithionite test — Sickling Test

- Inexpensive & Rapid
- Use for Screening
- Less Sensitive
- The reagent consists
 - Saponin Make RBC Haemolysis
 - Na-dithionite Make Hb deoxygenates
 - Principle:
 - Reagent make Hb deoxygenated and causes polymerazition of HbS and Turbidity of Sample





Role of Oxygen + Hydration + Hydroxyurea

Hydroxyurea

- Induce gene for gamma globin chain
- 5 to 10 % fetal Hb synthesis (HbF)
- Interfere with polymerization of deoxy HbS
- Prevent crisis and improve oxygenation

Oxygenation

- Decrease concentration of deoxygenated Hb
- Decrease in polymerization & Decrease lysis of RBC

Hydration

- Increase in body fluid
- Increase in circulation Arterial dilatation
- Increase in oxygenation & Decrease polymerization
- Decrease in lysis of RBC

- A mother came to a pediatric clinic with her 6 month old male child, who was on breast feeding. He was taking breast feeding every 2 hourly. Pediatrician advised mother to give start artificial diet simultaneously.
- He advised to give some liquid food and start giving semi solid and crushed food material.
- After initial liquid food material, pediatrician advise to give
 - Artificial Milk with Nutritional Powder having DHA
 - Crushed Rise + Dal + Ghee
 - Jeggary + Ghee
 - Crushed Apple + Banana

- What are the important carbohydrate nutrient & protein nutrient in milk?
- What is DHA?

- 3 years old boy came in civil hospital with
- How to calculate daily requirement?
- Why does he require high protein diet?
- What are
- What is role of essential fatty acid in growing child?