Heme Synthesis & Degradation

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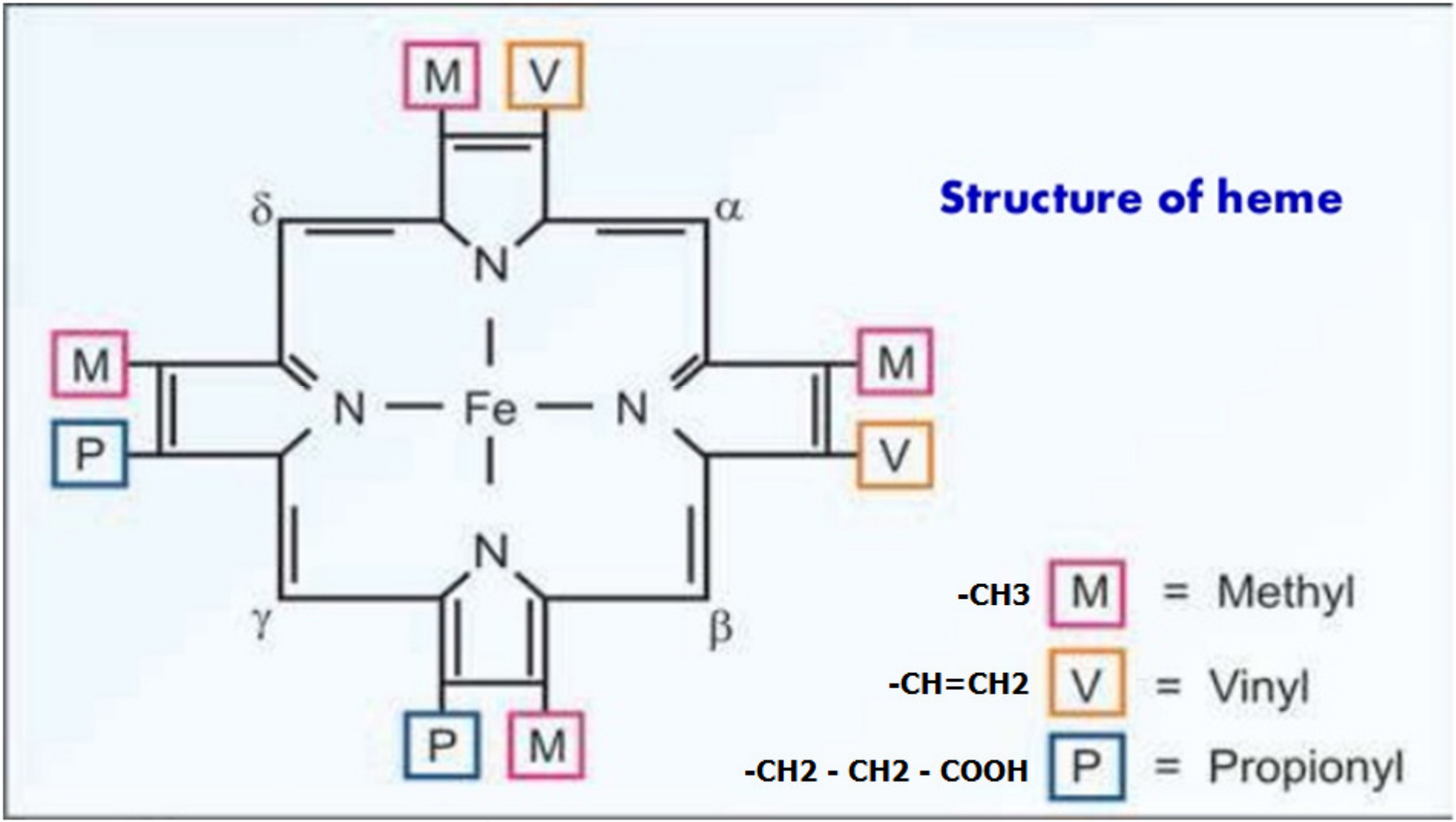
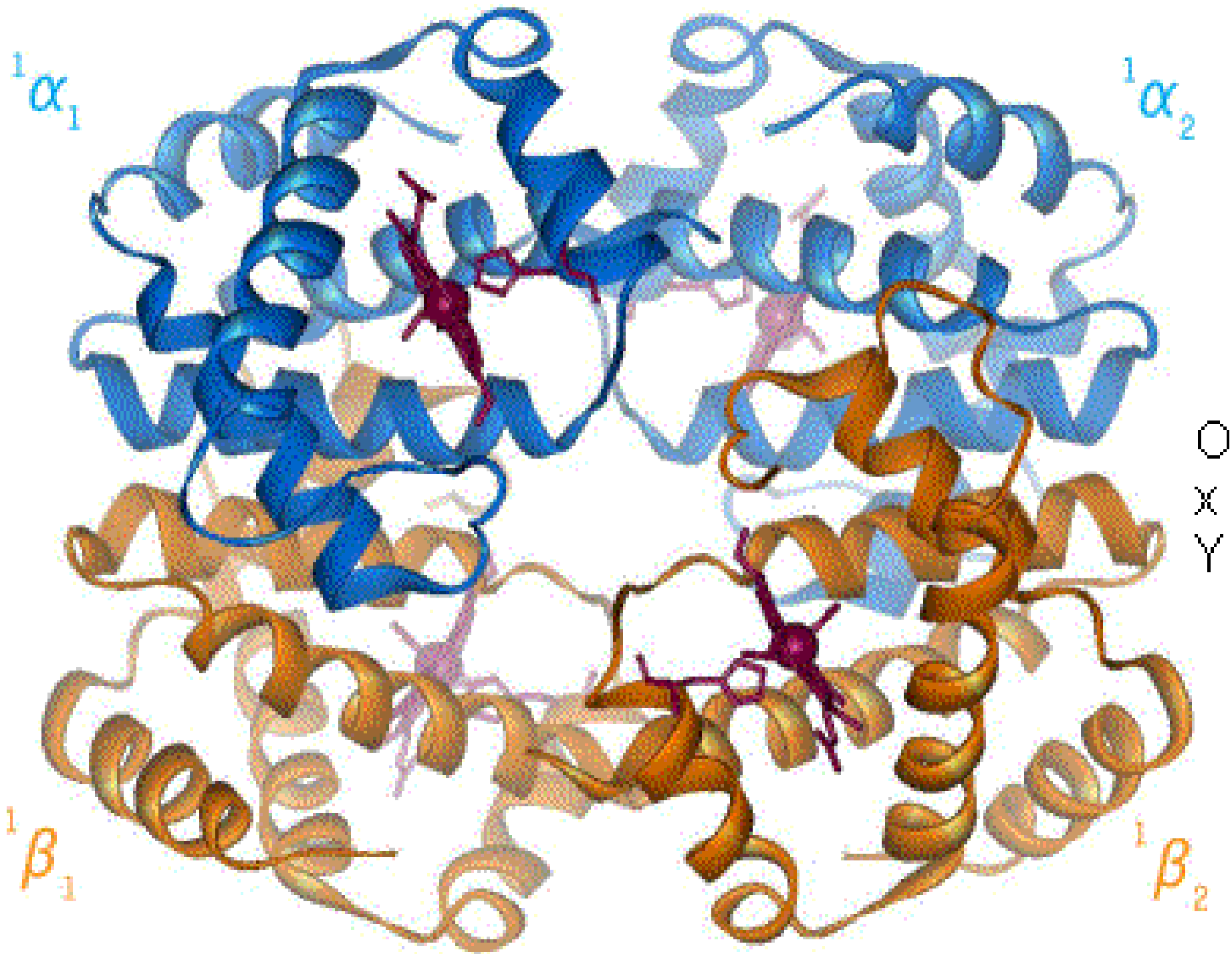
Surat

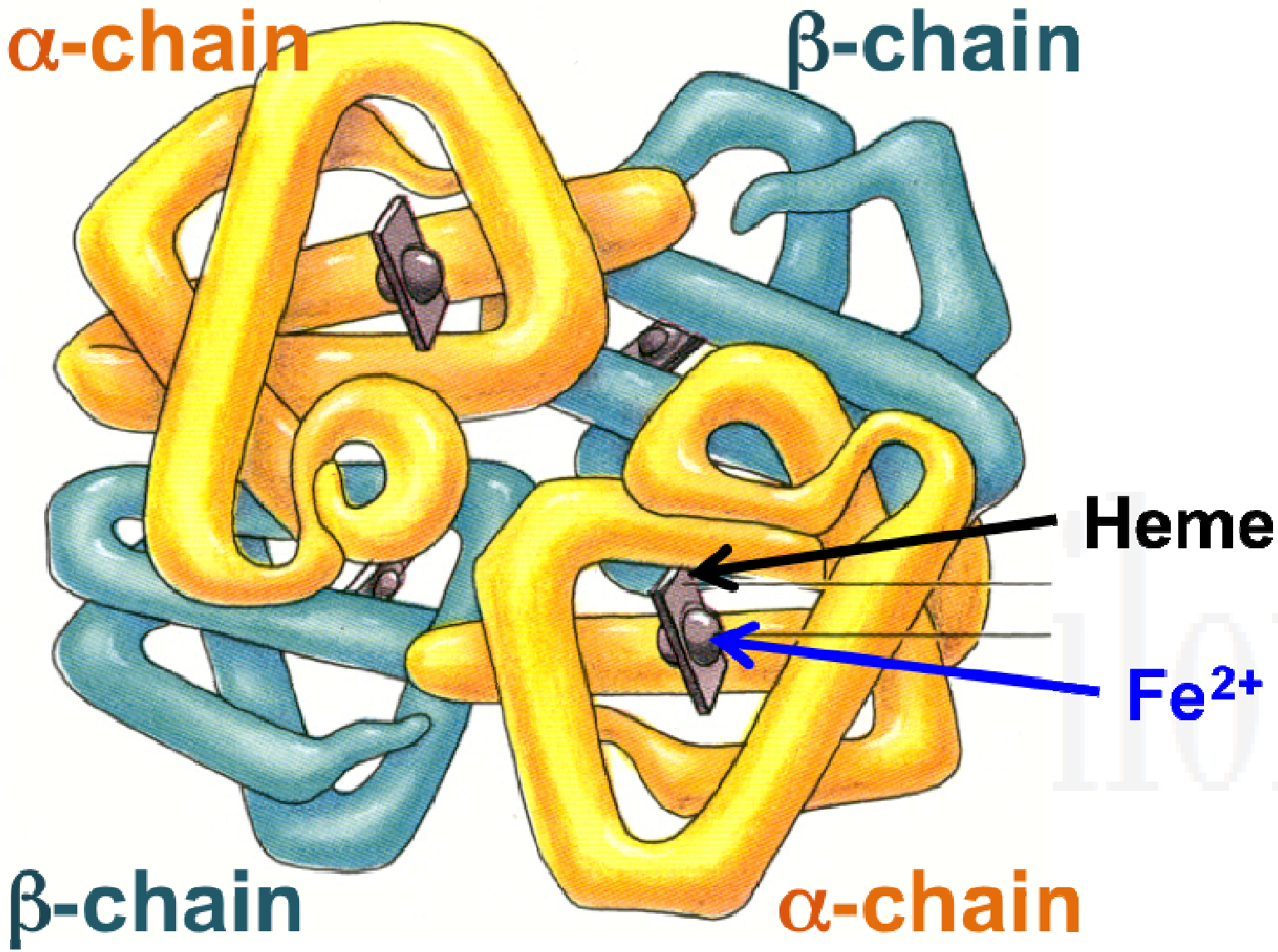
HEME-CONTAINING PROTEINS

- Hemoglobin
- Myoglobin
- Cytochromes
- Catalase
- Peroxidases

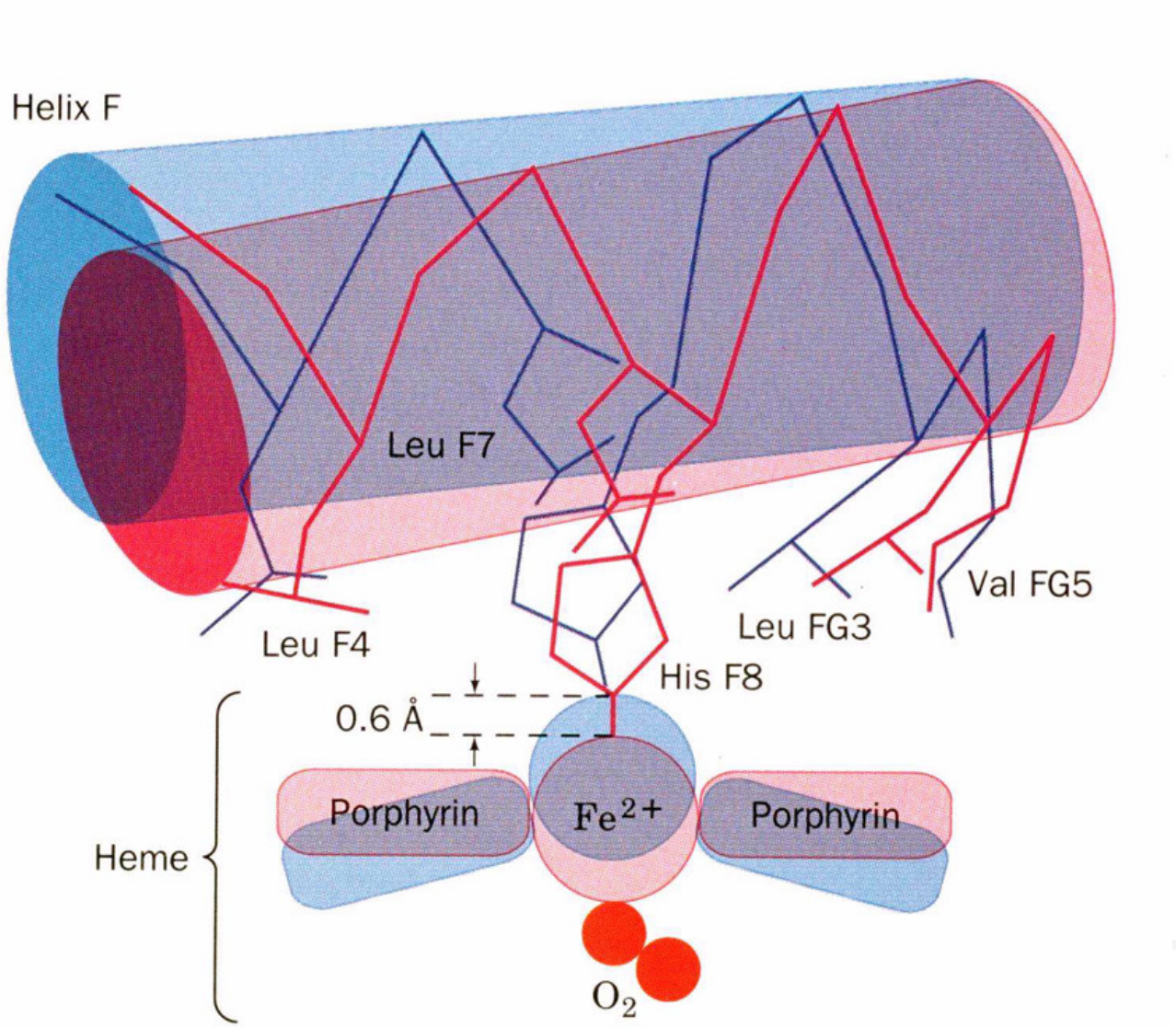

Structure of heme
M
V
δ
α
N
M
P
N — Fe — N
M
V
N
γ
β
P
M
-CH3
M
= Methyl
-CH=CH2
V
= Vinyl
-CH2 - CH2 - COOH
P
= Propionyl

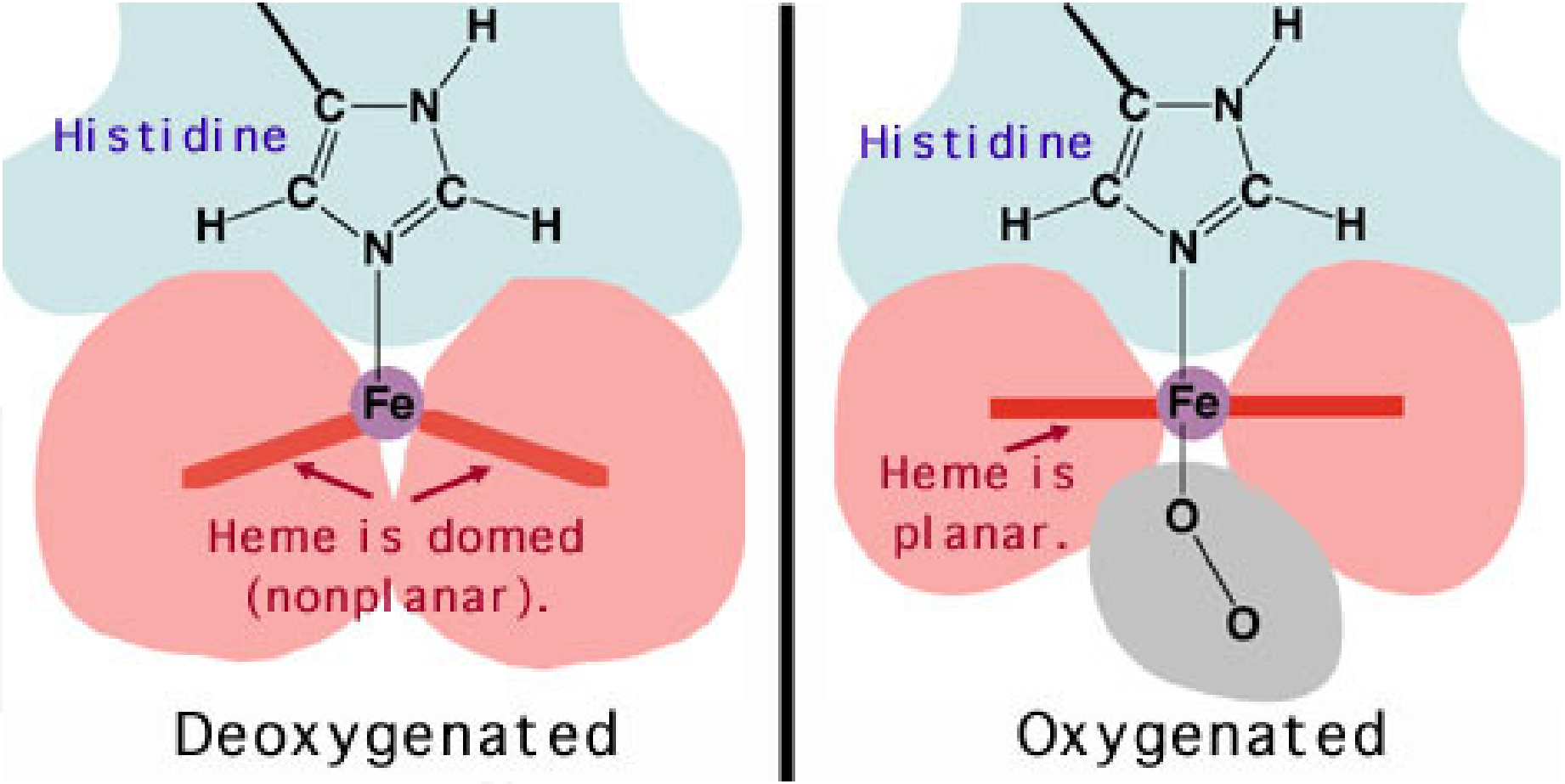

$^1\alpha_1$
$^1\alpha_2$
$^1\beta_1$
$^1\beta_2$
O
X
Y

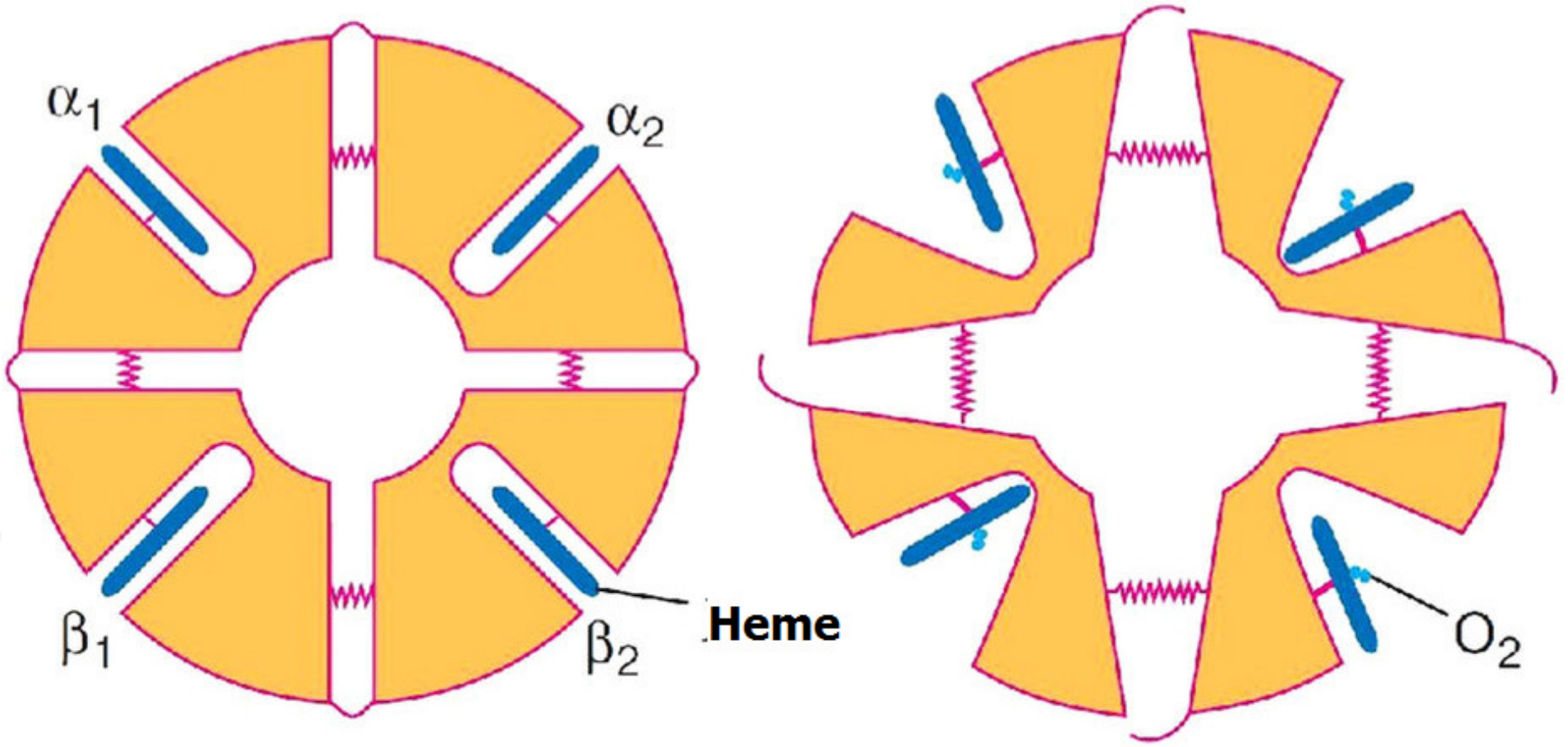
Haemoglobin Structure



O_2 and heme changes

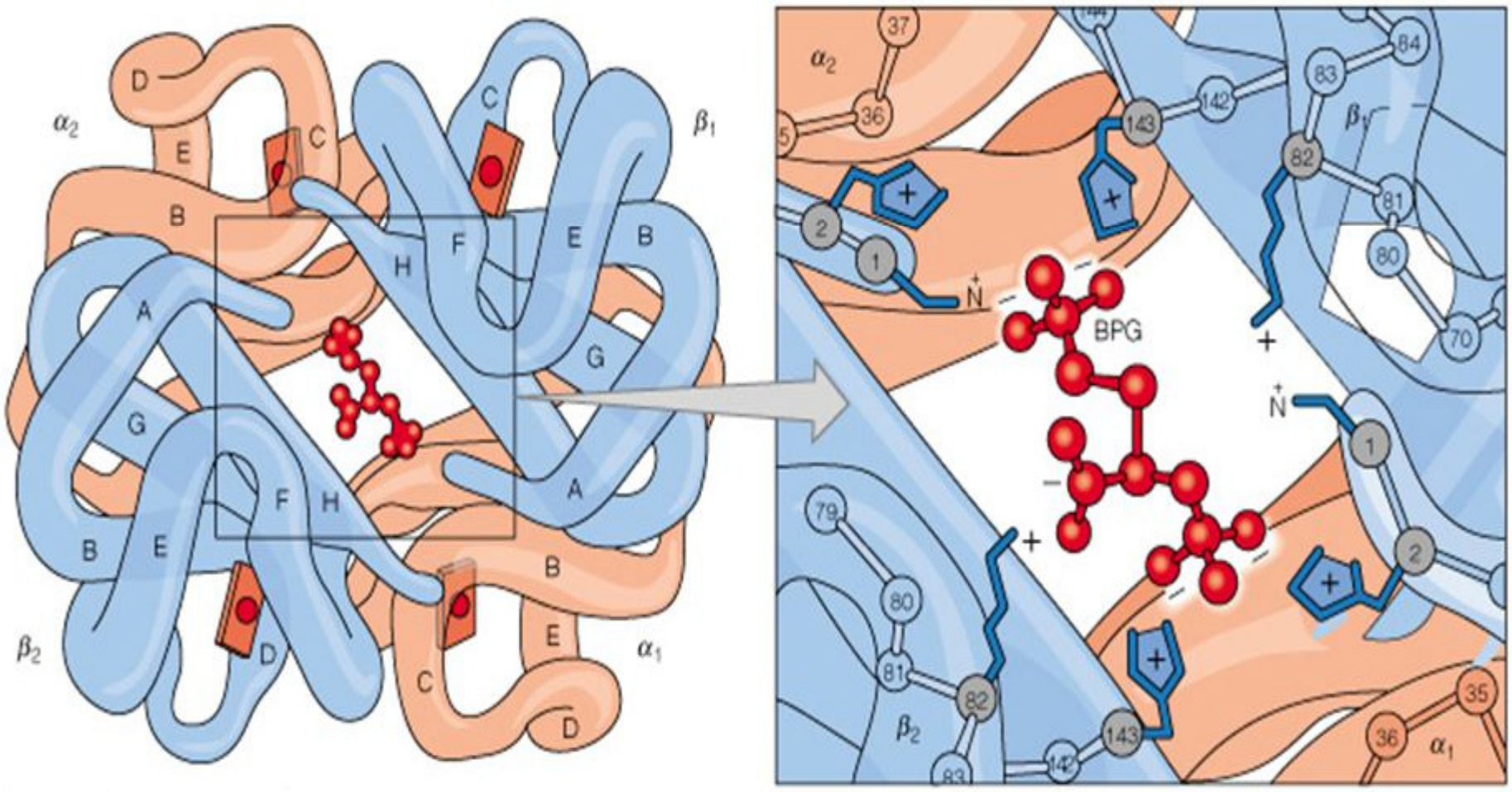



Histidine
H
C
N
C
H
C
C
H
N
H
Fe
Heme is domed
(nonplanar).
Deoxygenated
Histidine
H
C
N
C
H
C
C
H
N
H
Fe
Heme is
planar.
O
O
Oxygenated

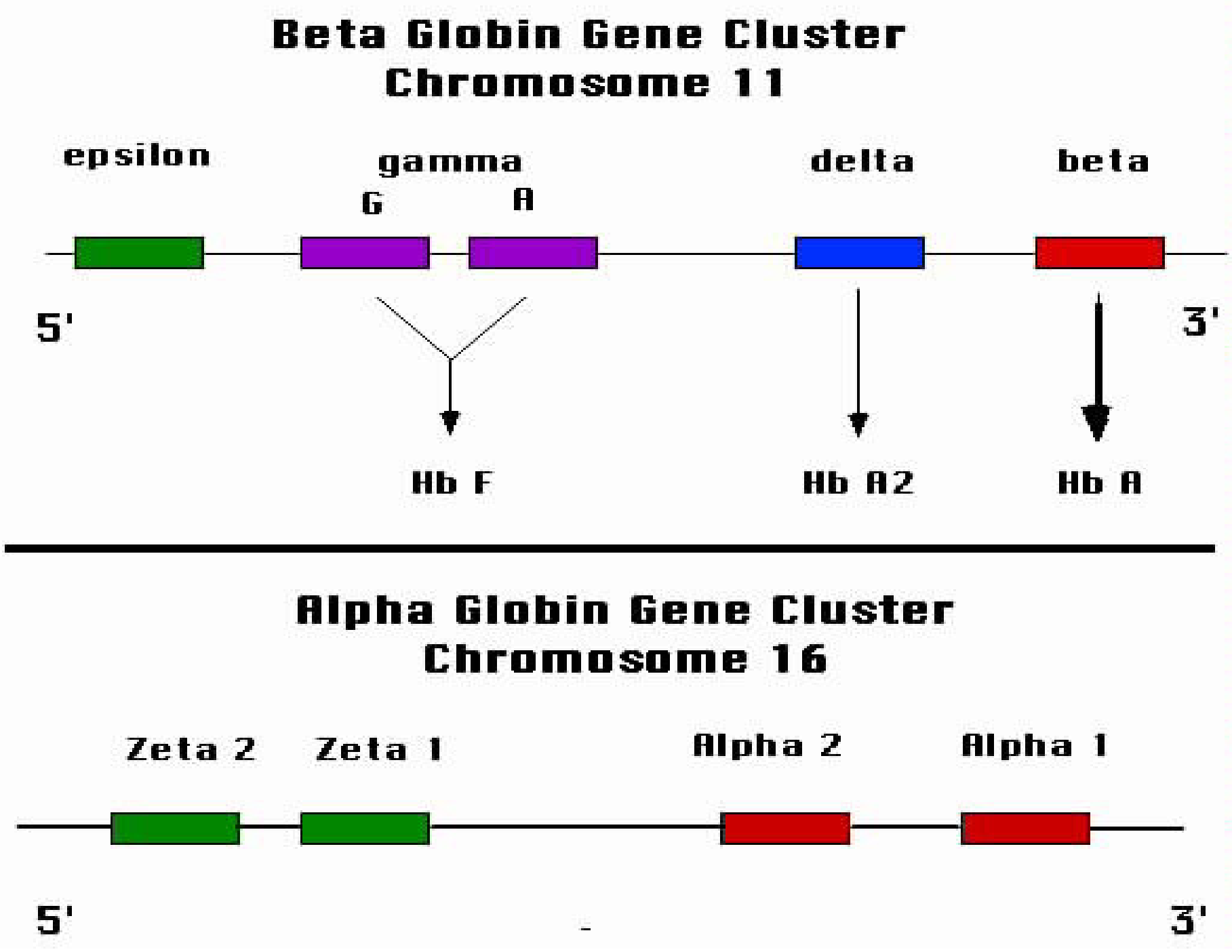


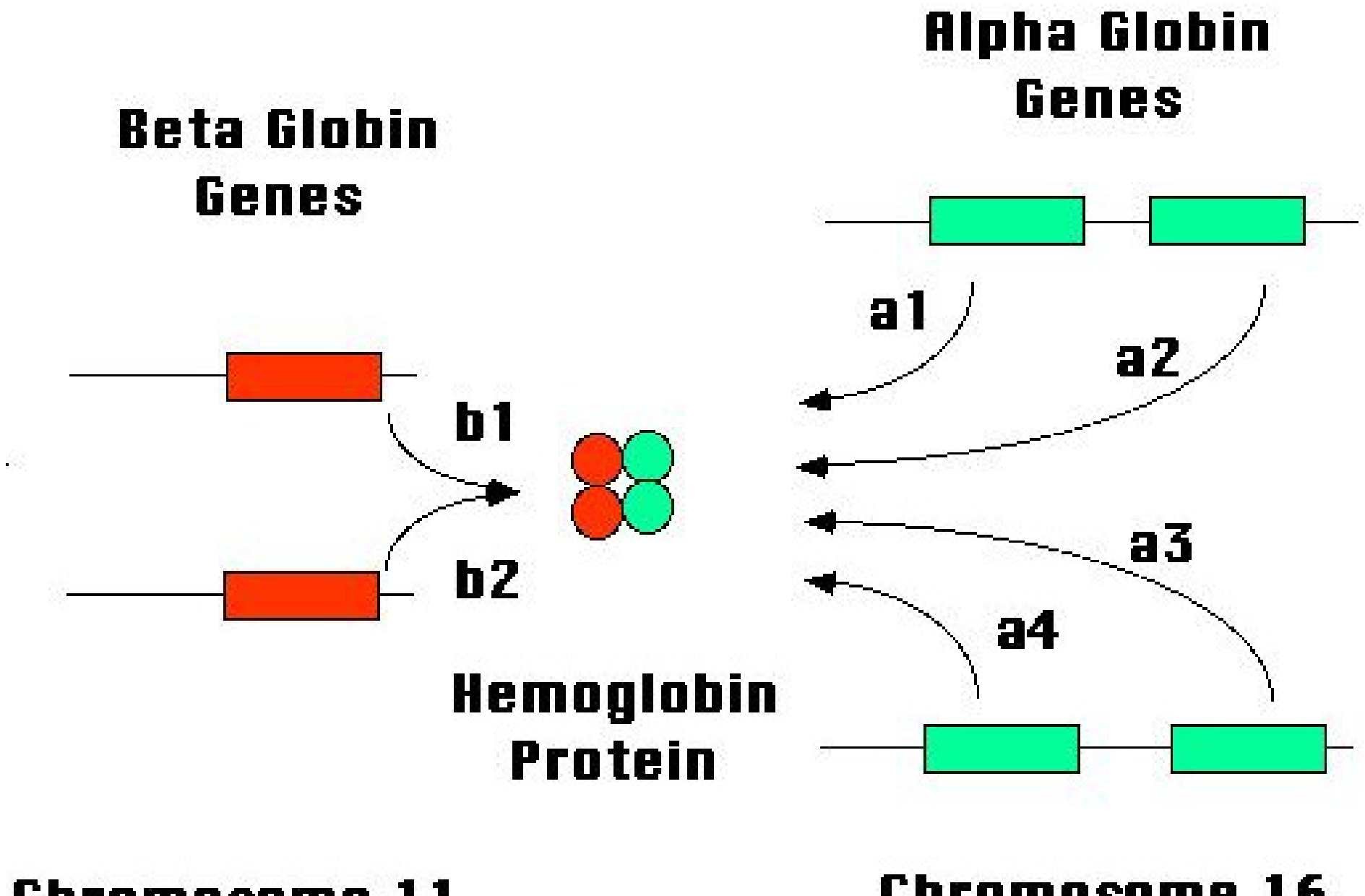
T (Tight) Form **R (Relax) Form**

2-3 BPG = Effect on Heme



2 3 BPG Effect on Hb F

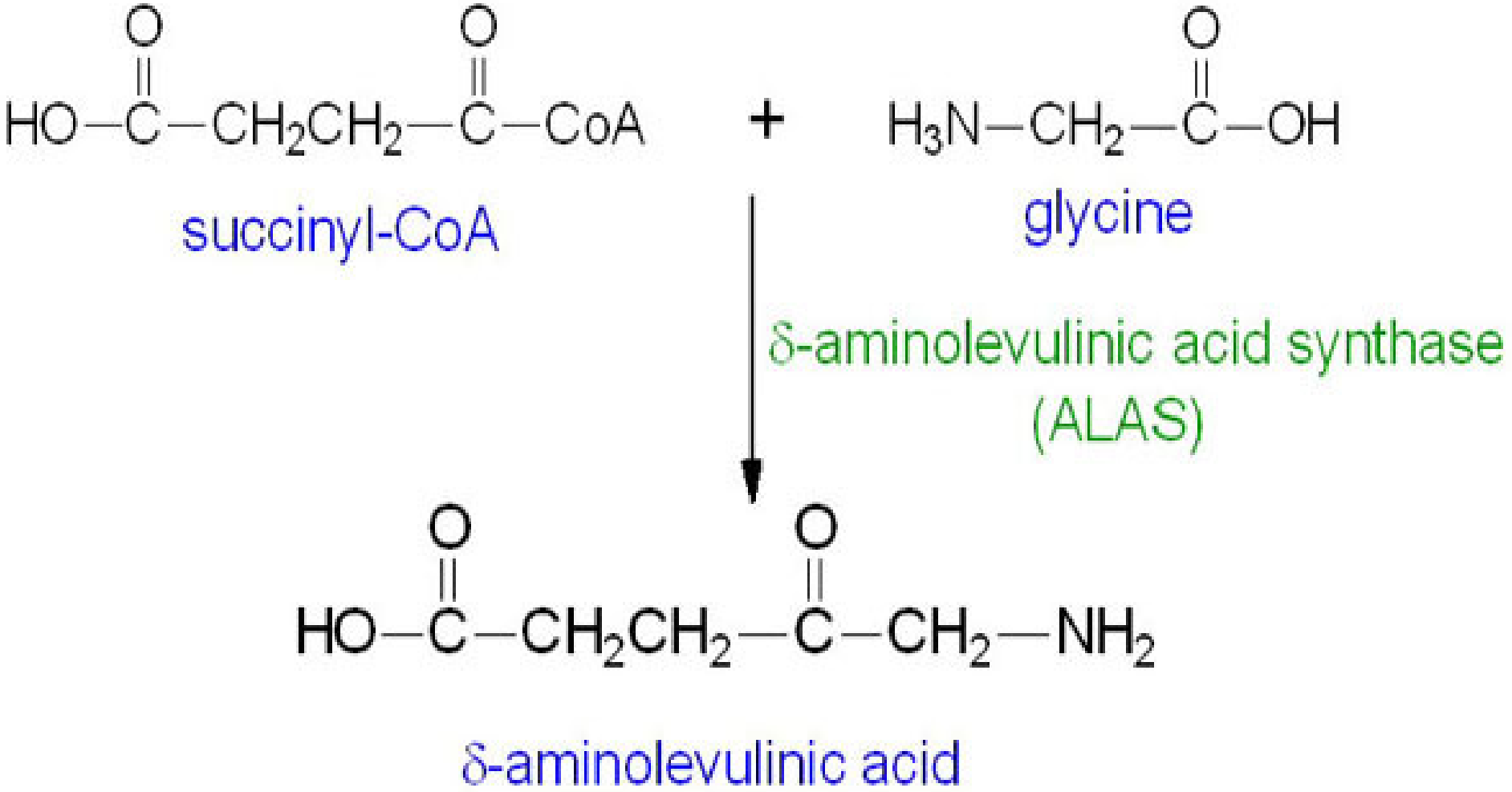

Beta Globin Gene Cluster
Chromosome 11
epsilon
gamma
G
A
delta
beta
5'
3'
Hb F
Hb A2
Hb A
Alpha Globin Gene Cluster
Chromosome 16
Zeta 2
Zeta 1
Alpha 2
Alpha 1
5'
3'

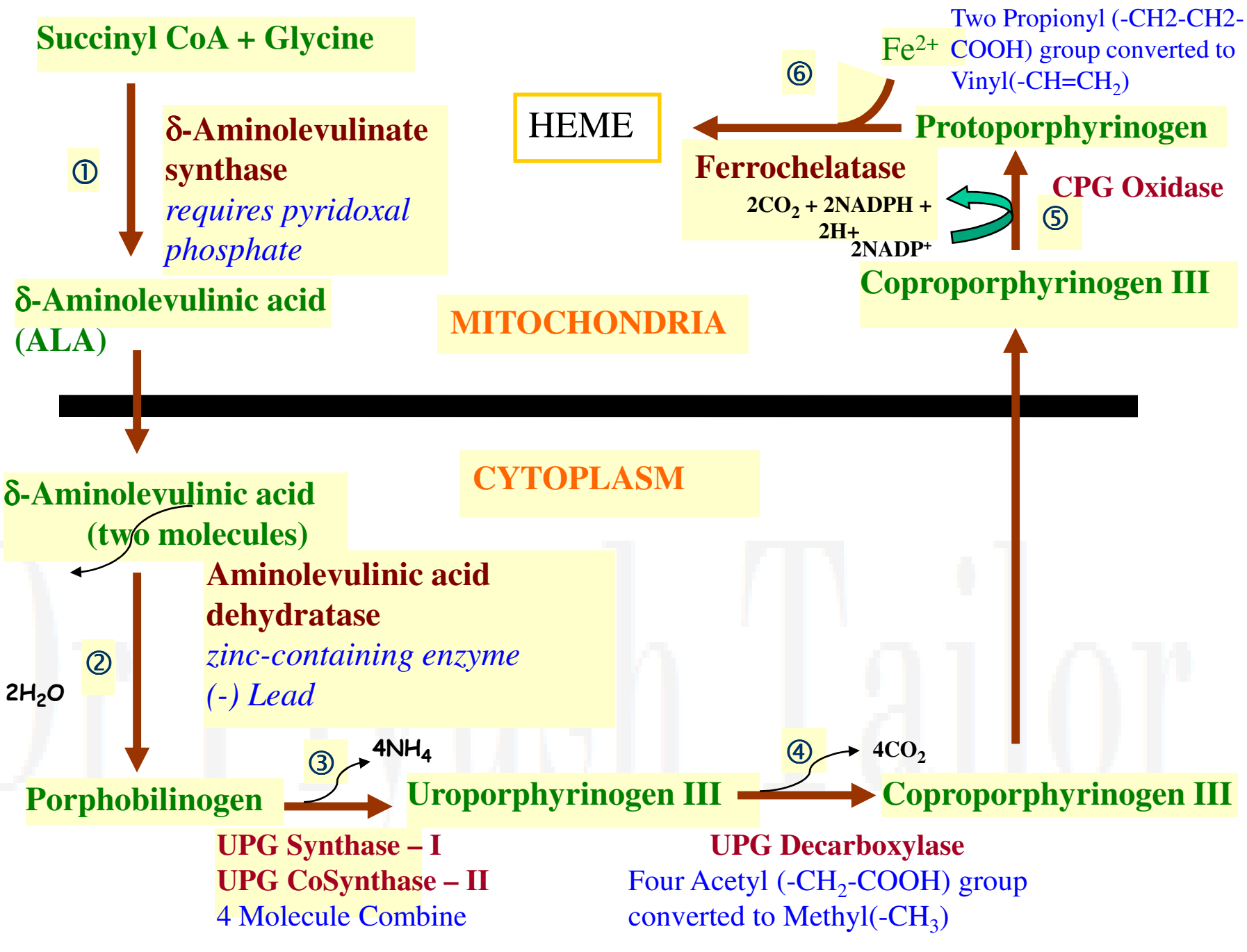

Alpha Globin
Genes
Beta Globin
Genes
a1
a2
b1
b2
a3
a4
Hemoglobin
Protein
Chromosome 11
Chromosome 16

STRUCTURE OF HEME

- 4 Pyrrole rings linked together by Methenyl bridges = PORPHYRIN
- Porphyrin + Ferrous ion (Fe^{+2}) = HEME
- Pyrrole rings named = I , II, III & IV
- Bridges named = α , β , γ & δ
- Substitution denoted as = 1 to 8
- If Substitution group have a symmetrical arrangement (1,3,5,7 & 2,4,6,8) = Series I
- If Substitution group have a asymmetrical arrangement (1,3,5,8 & 2,4,6,7) = Series III (Predominant in biological system)
- Substitution group = Propionyl ($-CH_2-CH_2-COOH$)
  = Acetyl ($-CH_2-COOH$)
  = Methyl ($-CH_3$)
  = Vinyl ($-CH=CH_2$)

Heme Synthesis (First Step)

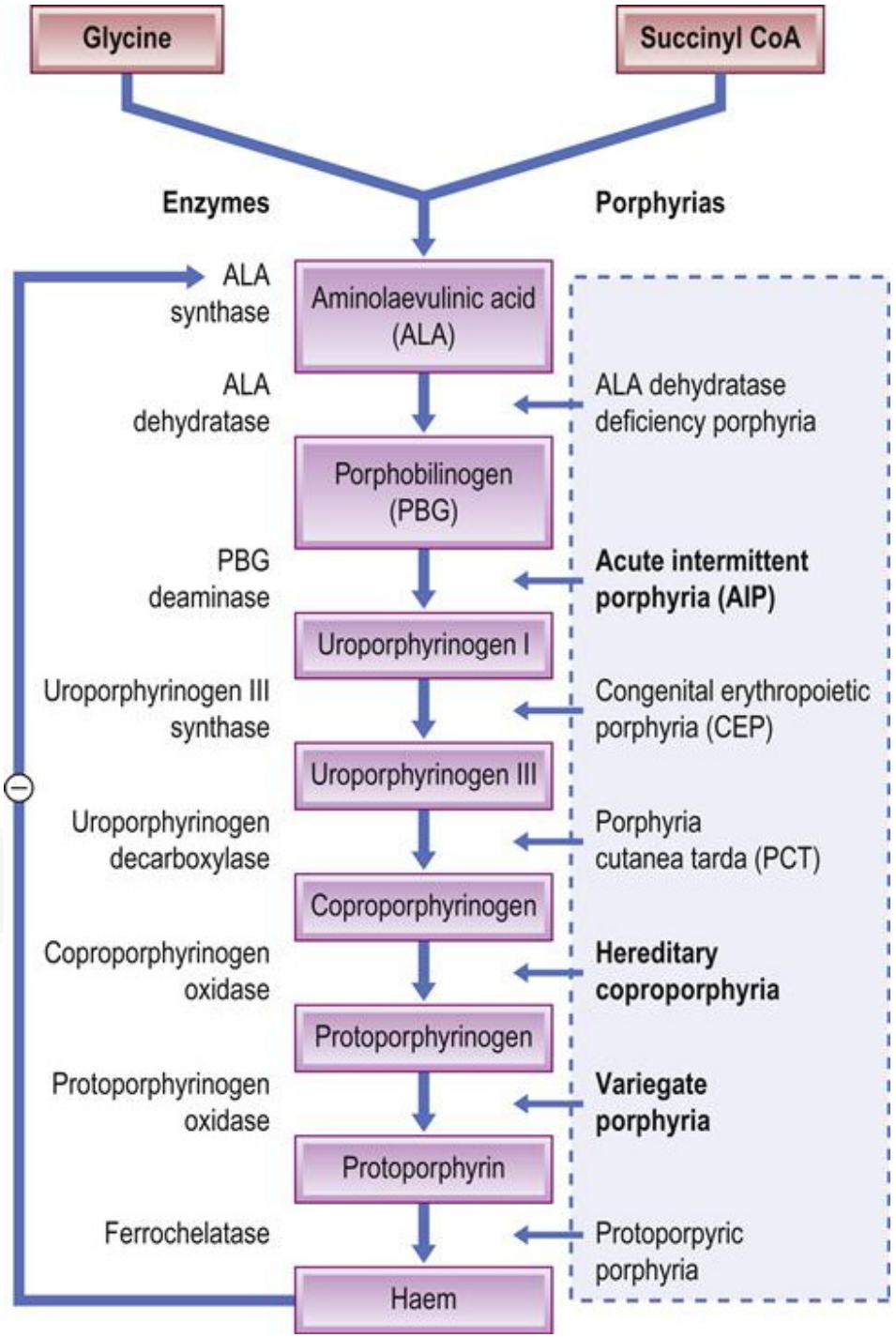



Succinyl CoA + Glycine
①
δ-Aminolevulinate synthase
requires pyridoxal phosphate
δ-Aminolevulinic acid (ALA)
MITOCHONDRIA
CYTOPLASM
δ-Aminolevulinic acid (two molecules)
②
2H2O
Aminolevulinic acid dehydratase
zinc-containing enzyme
(-) Lead
Porphobilinogen
③
4NH4
Uroporphyrinogen III
UPG Synthase – I
UPG CoSynthase – II
4 Molecule Combine
④
4CO2
Coproporphyrinogen III
UPG Decarboxylase
Four Acetyl (-CH2-COOH) group converted to Methyl(-CH3)
⑤
2CO2 + 2NADPH + 2H+
2NADP+
CPG Oxidase
Coproporphyrinogen III
Two Propionyl (-CH2-CH2-COOH) group converted to Vinyl(-CH=CH2)
⑥
Fe2+
Protoporphyrinogen
Ferrochelatase
HEME

REGULATION OF HEME AND GLOBIN SYNTHESIS

- Represses of Gene for ALA synthase .
- Free Heme = Stimulation of Globin synthesis
- Excess Heme = Fe+2 is oxidised to Fe+3 (Hemetin)

- ALA synthase has two iso – enzymes.
  - Erythroid = X chromosome (Not Repress by Heme)
  - Non Erythroid = On 3rd chromosome
- High Glucoe
  - High Catabolite Repressor
  - Repression of ALA synthase
- Barbiturates
  - Utilize Heme containing Cytochrome p450 for their metabolism.
- INH = Decrease availability of Pyridoxal phosphate.
- Lead = inhibit ALA dehydratase enzyme.


Glycine
Succinyl CoA
Enzymes
Porphyrias
ALA synthase
Aminolaevulinic acid (ALA)
ALA dehydratase
ALA dehydratase deficiency porphyria
Porphobilinogen (PBG)
PBG deaminase
Acute intermittent porphyria (AIP)
Uroporphyrinogen I
Uroporphyrinogen III synthase
Congenital erythropoietic porphyria (CEP)
Uroporphyrinogen III
Uroporphyrinogen decarboxylase
Porphyria cutanea tarda (PCT)
Coproporphyrinogen
Coproporphyrinogen oxidase
Hereditary coproporphyria
Protoporphyrinogen
Protoporphyrinogen oxidase
Variegate porphyria
Protoporphyrin
Ferrochelatase
Protoporpyric porphyria
Haem

Acute Intermittent Porphyria

- Autosomal dominant trait
- ***Deficiency of UPG – I synthase*** ,
- Thus increase activity of UPG – III synthase.
- Increase level of ALA & PBG (Porphobilinogen) =
- Due to Photo-Oxidation, PBG converted into Porphyrin.
- Most commonly, "***Acute Abdominal Pain***".
- Neurological manifestration
    - Sensory – Motor disturbances, Confusion, Mania
- ***Not Photosensitive sign***
- Female Sex hormone =Stimulate ALA synthase
    - AIP is more severe during menstruation.
    - AIP is less severe before menarche & after menopause.
- Attack is precipitated by Starvation
- Means Glucose helps to relieve attack.

Congenital Erythropoietic Porphyria

- Autosomal recessive trait
- ***Deficiency of UPG – III synthase*** ,
  Thus increase activity of UPG – I synthase.
- Increase level of Porphyrin – I (***Photosensitive***)
- Makes urine dark red colour.
- Porphyrin absorb light at 400 nm
- Emit intense Red light (Reactive Oxygen Species = Free Radical).
- Dermatitis , Facial deformoty (monkey facies), Mutation of nose,ear & cartilage = ***"Mimic leprosy"***

Billirubin Synthesis (Heme Degradation)

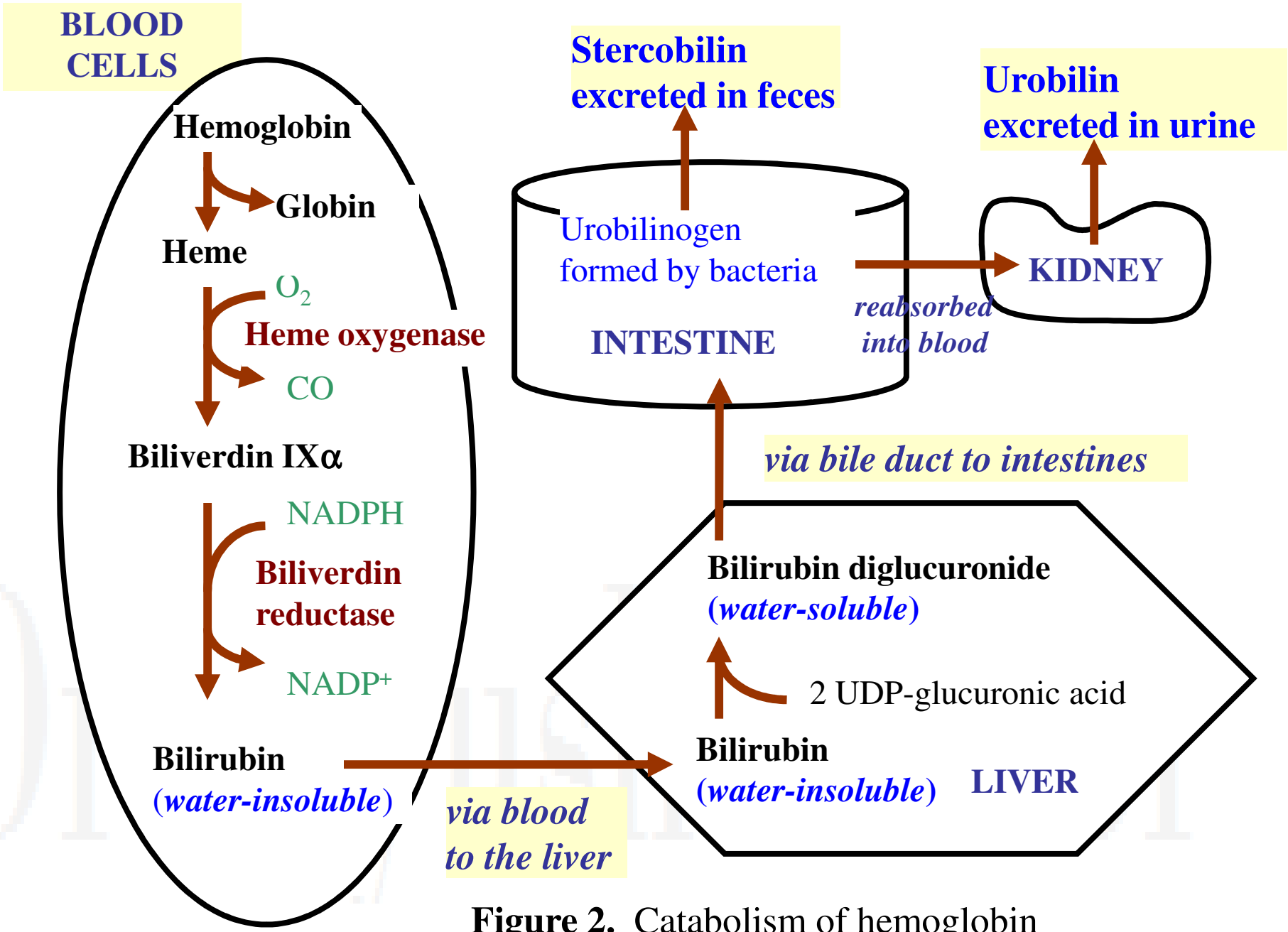
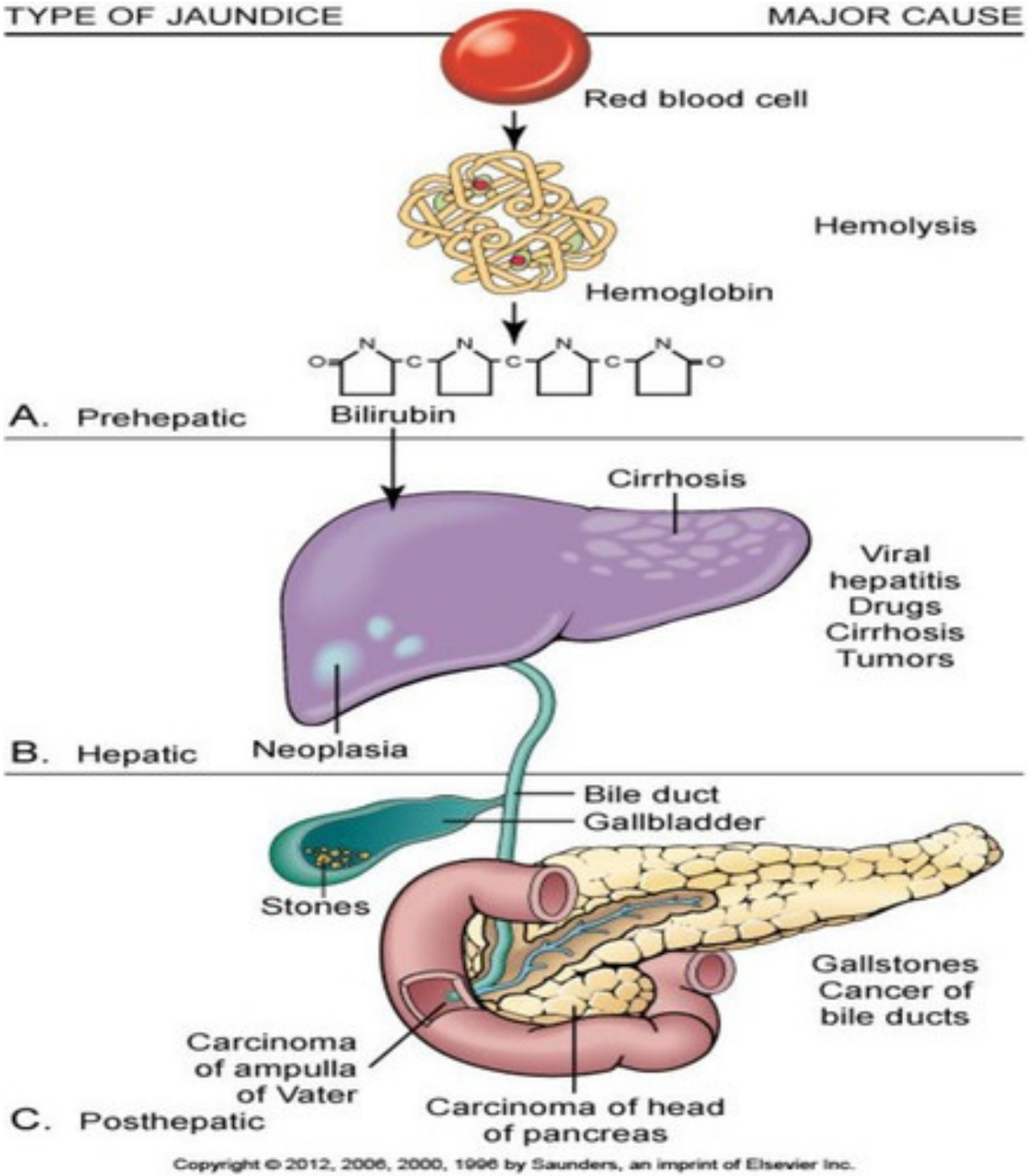


Figure 2. Catabolism of hemoglobin



Type & Cause of Jaundice

- **Pre-hepatic Jaundice**
  - ✓ Neonatal (Physiological) Jaundice
  - ✓ Malaria
  - ✓ G 6 PD deficiency
  - ✓ Thalassaemia
  - ✓ Sickle cell disease
  - ✓ Mis-match Blood Transfusion
  - ✓ Auto-immune
- **Intra-Hepatic Jaundice**
  - ✓ Acute Viral hepatitis
  - ✓ Alcohol Cirrhosis
  - ✓ Cirrhosis of Liver
  - ✓ Primray Biliary Cirrhosis,
  - ✓ Haemochromatosis
  - ✓ Wilson Disease
  - ✓ Alpha-1 antitrypsin deficiency
  - ✓ Drug induce – Quinine Group, NSAID, Chemotherapeutic drugs
- **Post Hepatic Jaundice**
  - ✓ Gall Bladder - Common Bile Duct - Pancreatic duct Stone
  - ✓ Gall Bladder - Hepatic – Pancreatic – Duodenal Carcinoma

Features	Pre-hepatic Heamolytic	Hepatic Hepatocellular	Post-hepatic Obstructive
Blood Examination			
Total Billirubin	↑↑	↑↑	↑↑
Direct Billirubin	Normal	↑	↑↑
Indirect Billirubin	↑↑	↑	Normal
ALT	Normal	↑ ↑	Normal
Alkaline phosphatase	Normal	Normal / ↑	↑ ↑
Urine Examination			
Bile Pigment	Normal	Normal / ↑	↑ ↑
Urobillinogen	↑ ↑	Normal / Absent	Absent
Bile Salt	Present	Normal / ↑	↑ ↑
Stool Examination	Normal	Normal	Clay Colour
Specific Investigation	Haemoglobin, LDH	Liver Function Test	USG Abdomen

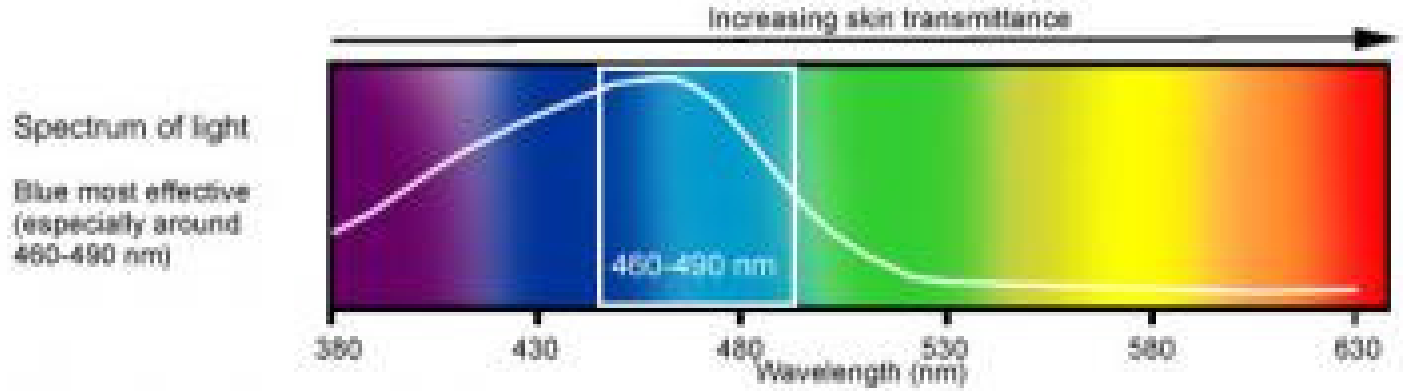
Genetic Disorders of Bilirubin Metabolism

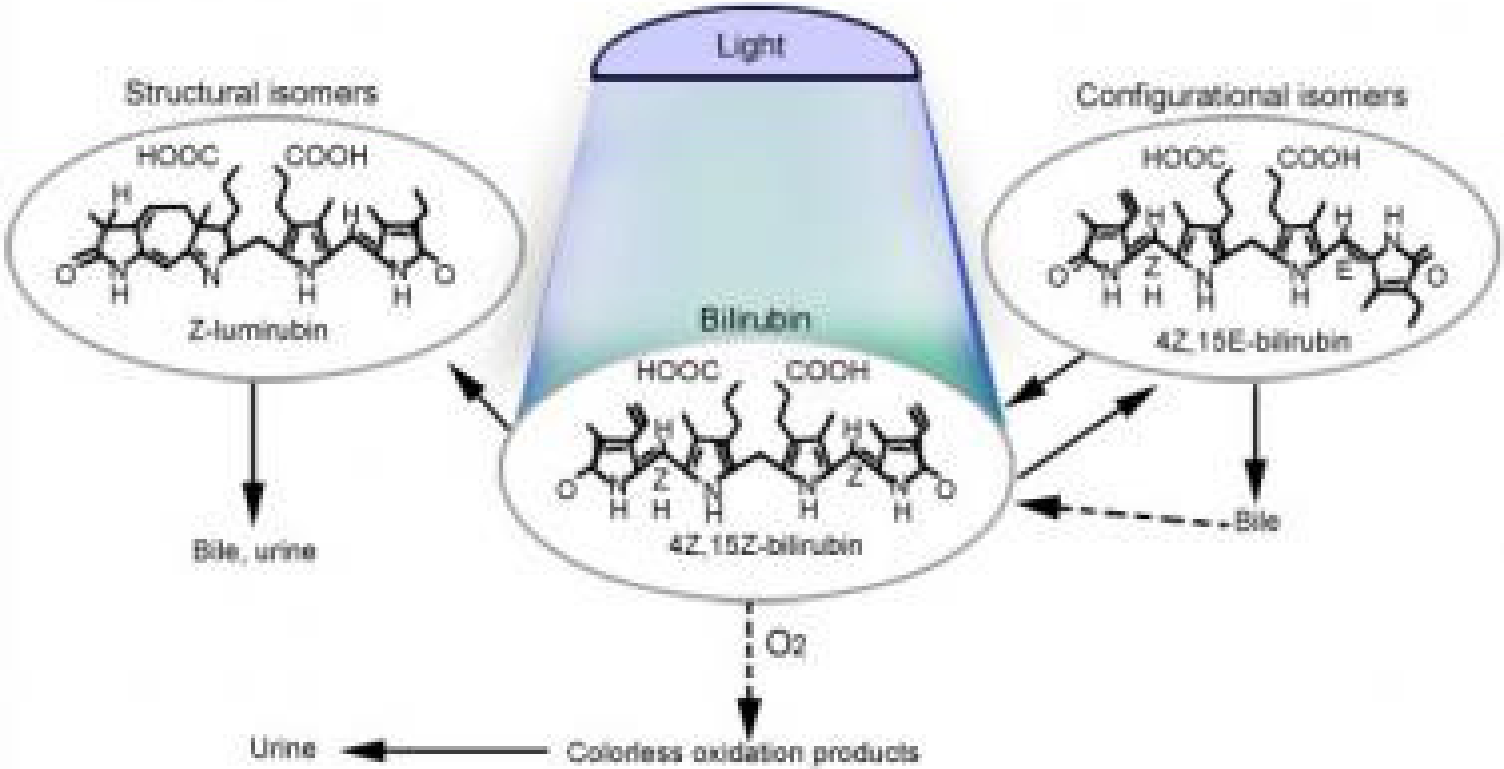
Name	Defect	Level of Serum Billirubin
Crigler-Najjar syndrome Type I	Complete deficiency of UDP-glucuronyltransferase	20 mg% Indirect Bilirubin
Crigler-Najjar syndrome Type II	Decrease (less than 10 %) activity of UDP-glucuronyltransferase	15 – 20 mg % Indirect Bilirubin
Gilberts syndrome	Decrease (Approx. 30 %) activity of UDP-glucuronyltransferase	1.4 - 5.0 mg % Indirect Bilirubin
Dubin-Johnson syndrome	Defect in transport of conjugated bilirubin from hepatocyte to biliary system	Direct Bilirubin

Role of Photopherapy

- Convert Bilirubin into Water Soluble Isomer
- So Excreted
- Normal bilirubin (4Z,15Z-bilirubin)
- After Exposer to Photopherapy (430 – 490 nm)
- 2 isomer forms of bilirubin
  - Structural = Z-lumirubin = Irreversible.
  - Configurational = 4Z,15 *E* –bilirubin = Reversible.
- Both are Less lipophilic than normal bilirubin
- Excreted into bile without Conjugation in the liver.

Role of Phototherapy





Phototherapy

Role of Phenobarbitone

- Induce Enzyme production
- Increase UDP-Glucoronate transferase Enzyme
- Increase Conjugation of Billirubin
- Excretion of Billirubin
- **Not useful in Criggler-Najar Syndrome Type – I**